

Past participants of 2009 Hong Kong ITU Triathlon Premium Asian Cup or Tri HK Members are able to **10% discount off during Early Bird Period.** (Except Relay)

Past participants of 2009 Hong Kong ITU Triathlon Premium Asian Cup or Tri HK Members are able to **5% discount off during Standard Fee Period.** (Except Relay)

曾參與2009香港ITU三項鐵人至尊亞洲盃或香港三項鐵人總會會員可於**優先報名期內享有9折報名優惠。**(接力賽事除外)

曾參與2009香港ITU三項鐵人至尊亞洲盃或香港三項鐵人總會會員可於**一般報名期內享有95折報名優惠。**(接力賽事除外)



K-SWISS
2010 HK ITU
triathlon
ASIAN CUP 香港ITU三項鐵人亞洲盃

For additional information about sponsors offers, race clinics, official transportation, bike hire service and news updates, please visit www.itu.sportsoho.com
如欲查詢贊助商優惠、比賽訓練班、交通安排、租借單車服務及最新消息，詳情可登入www.itu.sportsoho.com

Local athletes' transportation arrangement 本地運動員交通安排：

23 October 2010 (Saturday) 2010年10月23日(星期六)

Pick up point 上車地點	Pick up time 上車時間	Tentative Return Time 暫定回程時間	Charges (per athlete) 收費(每位)	Charges (per bike) 收費(每部單車)
City Hall, Central 中環大會堂	0600	1200	\$70	\$80
Kowloon Tong KCR station 九龍塘火車站	0625	1200	\$70	\$80
Pai Tau Village Shatin 沙田排頭村	0645	1200	\$70	\$80

24 October 2010 (Sunday) 2010年10月24日(星期日)

Pick up point 上車地點	Pick up time 上車時間		Tentative Return Time 暫定回程時間	Charges (per athlete) 收費(每位)	Charges (per bike) 收費(每部單車)
	Olympic Distance 奧運距離	Sprint Distance 半奧運距離	Olympic & Sprint Distance 奧運距離及半奧運距離		
City Hall, Central 中環大會堂	0430	0710	1300	\$70	\$80
Kowloon Tong KCR station 九龍塘火車站	0430	0730	1300	\$70	\$80
Pai Tau Village, Shatin 沙田排頭村	0430	0745	1300	\$70	\$80
Jetty, Discovery Bay (closed to Marina Ave) 愉景灣渡頭(近遊艇徑)	0500		1315	\$40	\$40

- The above schedule is subject to change when necessary;
- The return pick up point (for Central, Kowloon Tong and Shatin) is located at Disneyland Coach Park, official transport will only depart race site after prize presentation finish.
- 若有需要，賽會有權修改以上交通時間表。
- 回程交通(往中環、九龍塘及沙田)的上車地點設於迪士尼旅遊巴士停車場上落區，頒獎禮完成後離開

Remarks 備註：

- Registration will be closed prior to the entry deadline as maximum capacities are reached.
- For safety's sake, kids who want to participate in K-Swiss 2010 HKITU Triathlon Asian Cup, they must have competed in one of the open water swim races (Aquathlon/Triathlon) / ocean swim in advance.
- Athletes born between 1995-1998 are welcome to enter Youth Open category.
- 於報名期內，額滿即止。
- 因安全理由，所有欲參加「K-Swiss 2010 香港ITU三項鐵人亞洲盃」一小鐵人組別的運動員，必須曾參加及完成由本會認可的海上鐵人賽事/渡海泳賽事(非泳池賽事)。
- 所有1995-1998年出生之運動員均可報名參加少年公開組。



**Victory and Glory
Awaits You!**
一連兩日三鐵盛事，全城參與！

Hong Kong Disneyland Resort Area
香港迪士尼樂園度假區

23-24 October 2010
Saturday and Sunday 星期六及日

Website 網址：www.itu.sportsoho.com

Hotline 熱線：**2504 8282**
Fax 傳真：**2576 8253**

E-mail 電郵：hkituequiry@triathlon.com.hk

Venue Sponsor 場地贊助



Co-organizer 協辦機構



Official Sponsors 贊助機構



Subvention Body 資助機構



Organizer 主辦機構



Sanctioning Bodies 認可機構



Title Sponsor 冠名贊助





Event Date: **Saturday, 23 October 2010** | 日期: 2010年10月23日(星期六)

Category/組別	Swim 游泳	Bike 單車	Run 跑步	Registration Fee 報名費 16/8-30/9/2010
Fun Distance 繽紛距離				
Male 16-19 男子16-19歲	375 m	10 km	2.5 km	\$350
Female 16-19 女子16-19歲				
Male 20-29 男子20-29歲				
Female 20-29 女子20-29歲				
Male 30-39 男子30-39歲				
Female 30-39 女子30-39歲	\$700			
Male 40-49 男子40-49歲				
Female 40-49 女子40-49歲				
Male 50 & Over 男子50歲或以上	\$700			
Female 50 & Over 女子50歲或以上				
Open Relay 公開接力組	\$700			
Secondary School Relay 中學接力組 (Male男子組 / Female 女子組)				
Ultrakids and Youth 小鐵人及少年組				
Male Youth Open 男子公開少年組	375 m	10 km	2.5 km	\$350
Female Youth Open 女子公開少年組	195 m	5 km	1.3 km	
Boys & Girls 8 yrs old to 11 yrs old (Born in 1999-2002) 小鐵人8-11歲組 (1999年至2002年出生)				
Boys & Girls 12 yrs old to 15 yrs old (Born in 1995-1998) 小鐵人12-15歲組 (1995年至1998年出生)	375 m	10 km	2.5 km	\$700
Primary School Relay 小學接力組 (Male男子組 / Female 女子組)	195 m	5 km	1.3 km	

Event Date: **Sunday, 24 October 2010** | 日期: 2010年10月24日(星期日)

Category/組別	Swim 游泳	Bike 單車	Run 跑步	Registration Fee 報名費 16/8-30/9/2010
Olympic Distance 奧運距離				
Male 20-24 男子20-24歲	1500m	40km	10 km	\$700
Female 20-24 女子20-24歲				
Male 25-29 男子25-29歲				
Female 25-29 女子25-29歲				
Male 30-34 男子30-34歲				
Female 30-34 女子30-34歲				
Male 35-39 男子35-39歲				
Female 35-39 女子35-39歲				
Male 40-44 男子40-44歲				
Female 40-44 女子40-44歲				
Male 45-49 男子45-49歲	\$1,500			
Female 45-49 女子45-49歲				
Male 50-54 男子50-54歲				
Female 50-54 女子50-54歲	\$1,400			
Male 55 & Over 男子55歲或以上				
Female 55 & Over 女子55歲或以上				
Male Open 男子公開組	\$1,400			
Corporate Relay 工商機構接力組				
Open Relay 公開接力組				

Sprint Distance 半奧運距離				
Male 16-19 男子16-19歲	750 m	20 km	5 km	\$400
Female 16-19 女子16-19歲				
Male 20-24 男子20-24歲				
Female 20-24 女子20-24歲				
Male 25-29 男子25-29歲				
Female 25-29 女子25-29歲				
Male 30-34 男子30-34歲				
Female 30-34 女子30-34歲				
Male 35-39 男子35-39歲				
Female 35-39 女子35-39歲				
Male 40-44 男子40-44歲	\$400			
Female 40-44 女子40-44歲				
Male 45-49 男子45-49歲				
Female 45-49 女子45-49歲	\$400			
Male 50-54 男子50-54歲				
Female 50-54 女子50-54歲				
Male 55 & Over 男子55歲或以上	\$400			
Female 55 & Over 女子55歲或以上				

Personal Information

Must provide all information



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ASIAN CUP 香港ITU三項鐵人亞洲盃

Name (In English): _____

Name (In Chinese): _____

Gender: Male Female Nationality: _____

Tri HK member: Yes (Membership number: _____) No

Country of residence: _____

HKID/passport number: _____

Affiliated club name: _____ (if any)

Date of birth: (D / M / Y) _____

Postal address: _____

E-mail: _____

Mobile: _____

Emergency contact person: _____

Phone: _____

Do you have own champion chip? Yes code: ____ - _____ No

Do you need official transport (Round Trip)?

Yes _____

No _____

Pick up time: _____

Current company /school name: _____

(please remember to fill in this section if you are participating in Relay Category)

Job designation: _____

T-Shirt Size* XS S M L XL 2XL (For reference only)

Only available on 24/10/2010 (Sun)

* Requested sizes are guaranteed for Early Bird entrants. Thereafter, the requested T-Shirt size will be allocated on a first come, first served basis and will be subject to stock availability

Medical Condition

Do you have any known allergies? Yes No

If yes, please state: _____

Do you have any known medical condition? Yes No

If yes, please state: _____

Entry Method

Deposit or transfer the prescribed amount into the Hong Kong Bank saving account of Tri HK (No:502-118375-838) or make out a cross cheque for the prescribed amount payable to the " Hong Kong Triathlon Association Limited "

Send your completed entry form, together with your cheque or pay-in/transfer slip to the TriHK office by post, (Room 1020 Olympic House, 1Stadium Path, So Kon Po, Causeway Bay, Hong Kong.), by fax on (852)2576 8253 or by email to hkityentry@triathlon.com.hk

You may apply the application through Tri HK online system (<http://onlineregistration.triathlon.com.hk/>)

Entry Form

Select Race Category

Olympic Distance

Age Group _____

Male Open

Corporate Relay (Team Name: _____)

Open Relay (Team Name: _____)

Please your race discipline Swim Bike Run

Sprint Distance

Age Group _____

Fun Distance

Age Group _____

Open Relay (Team Name: _____)

Secondary School Relay: Boys Team Girls Team

(Team Name: _____)

Please your race discipline Swim Bike Run

Ultrakids & Youth Open

Male / Female Youth Open

Boys & Girls 8 yrs old to 11 yrs old (Born in 1999-2002)

Boys & Girls 12 yrs old to 15 yrs old (Born in 1995 -1998)

Primary School Relay: Boys Team Girls Team

(Team Name: _____)

Please your race discipline Swim Bike Run

Declaration

I declare that I and (if participating) my child or ward are physically fit and have not been otherwise advised by a qualified medical practitioner, and have the skill level required to participate in the above race and any other incidental activities (the "Event"). I also declare that I understand the terms and conditions of the race I or my child or my ward have or has entered, and will abide by its rules and regulations, and will procure my child or my ward (if participating) to do the same. I understand that, by participating in the Event, I and (if participating) my child or ward may be exposed to risks of injury, death and/or loss. I accept that all participants enter the Event at their own risk and responsibility. I on my own and/or my child or ward's behalf, and on behalf of my and/or my child or ward's heirs, executors, administrators and next of kin hereby discharge, waive and release all rights or claims for costs, expenses or damages I or my child or my ward may have against the organizer(s) of the race, its agents, representatives, sponsors, contributors, appointed officials or staff or any other individual organization connected directly or indirectly with the Event for any illness, injury or death, or damage to or loss of any property that I or my child or my ward may sustain during, or as a consequence of, or while travelling to or from, the Event (other than personal injury or death resulting from the negligence of the organizer(s) of the Event, its agents, representatives, sponsors, contributors, appointed officials or staff).

I also declare that all the above details are true and correct. I on my behalf or my child or my ward's behalf permit the organizer(s) to use the above personal data in the operation of this race and to inform me of future activities. I acknowledge the right of the organizer(s), and all cooperating parties and sponsors of the Event to photograph me and my child or ward during the Event and have my, or my child's or ward's, name, voice, likeness and appearance made into any photographs, motion pictures, recordings, or any other record relating to the Event for any legitimate purpose, including commercial advertising, without making any payment or compensation to me. (This declaration is written in both English and Chinese. If there is any conflict in meaning, the English version shall prevail.)

Participant's Signature: _____ Date: _____

Parent's signature is necessary for entrant aged under 18

Parent's Signature: _____ Date: _____

Parent's Name and HKID/Passport Number: _____

個人資料

必須填寫下列所有資料



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ASIAN CUP 香港ITU三項鐵人亞洲盃

姓名(英文): _____

姓名(中文): _____

性別: 男 女 國籍: _____

三項鐵人總會會員: 是(會員號碼: _____) 否

國家: _____

香港身份證或護照號碼: _____

屬會名稱: _____ (如有)

出生日期:(日/月/年) _____

郵寄地址: _____

電郵: _____

手提電話: _____

緊急聯絡人姓名: _____

電話: _____

是否有個人冠軍晶片: 是 編碼: _____ - _____ 否

是否需要大會交通安排(包來回)?

是 上車地點: 中環 九龍塘 沙田 愉景灣
否 上車時間: _____

工商機構/學校名稱: _____

(如參加接力組別, 請必須填寫所屬學校/機構名稱)

工作職位: _____

T-Shirt尺碼*: XS S M L XL 2XL

只限24/10/2010(星期日)賽事

* T-Shirt尺碼會保証給予優先報名期內的參加者, 其他參加者的T-Shirt要求則會按先到先得的原則或尺碼存貨量分配

病例情况

是否有過敏症? 是 否

如是請列明: _____

是否有任何病歷情況? 是 否

如是請列明: _____

報名手續

請將相關費用存入、轉賬或網上付款到香港匯豐銀行儲蓄戶口: 502-118375-838, 或將劃線支票抬頭“香港三項鐵人總會有限公司”郵寄致本會辦事處。

請填妥報名表並附上有關款項之存款收據或支票, 寄回(地址: 香港銅鑼灣掃桿埔大球場徑一號奧運大樓1020室), 傳真(852) 2576 8253或電郵至hkintuenty@triathlon.com.hk。

請登上 <http://onlineregistration.triathlon.com.hk> 或作網上報名

報名表

請選擇參賽組別

奧運距離

分齡組 _____

男子公開組

工商機構接力組(接力隊隊名: _____)

公開接力組(接力隊隊名: _____)

請在適當空格內以“✓”表示你所負責之接力項目 游泳 單車 跑步

半奧運距離

分齡組 _____

繽紛距離

男/女子分齡組 _____

公開接力組(接力隊隊名: _____)

中學接力組: 男子組 / 女子組

(接力隊隊名: _____)

請在適當空格內以“✓”表示你所負責之接力項目 游泳 單車 跑步

小鐵人及小鐵人組

男/女子公開少年組

小鐵人 8-11歲組1999年至2002年出生

小鐵人 12-15歲組1995年至1998年出生

小學接力組: 男子組 / 女子組

(接力隊隊名: _____)

請在適當空格內以“✓”表示你所負責之接力項目 游泳 單車 跑步

聲明

本人謹此聲明本人/小兒/小女/受監護人之身體狀況良好, 並未經由執業醫生確認不適合參加此賽事, 及本人之技術水平適合參與此賽事及其他相關活動。本人亦謹此聲明本人清楚明白本人/小兒/小女/本人的受監護人所參與賽事之條款及要求, 並承諾會遵守賽事中之一切比賽規則及條例。本人同意所有參加者均須自行承擔所有風險及責任。本人謹此代表本人/小兒/小女/本人的受監護人, 同時亦代表本人/小兒/小女/本人的受監護人的遺產繼承人、執行人、管理人及直系親屬豁免賽事的主辦機構或主辦機構的代理/代表/贊助機構/捐獻人/賽事工作人員/職員對本人/小兒/小女/本人的受監護人在往返賽事場地期間發生的或在賽事進行中所發生的或因賽事引致的疾病、傷亡、財物損壞或損失所須負上的所有責任, 並放棄索償及追究任何相關的損失、支出及損壞的權利(因賽事的主辦機構或主辦機構的代理/代表/贊助機構/捐獻人/賽事工作人員/職員疏忽所引起的傷亡除外)。

本人亦謹此聲明上述填報資料正確無誤, 並代表本人/小兒/小女/受監護人准許主辦機構使用本人所提供之上述資料, 作為本活動的行政及未來活動的宣傳用途。本人願意授權予主辦機構或主辦機構的贊助機構在毋須經本人/小兒/小女/受監護人審查而可永久地在任何地方使用本人/小兒/小女/受監護人的肖像、姓名、聲線及個人資料作為活動籌辦、傳媒及推廣之用(包括相片、錄像及多媒體錄像等)。

(本聲明以中文及英文編寫, 如有任何闡釋上的歧異, 概以英文版本為準。)

參加者簽署: _____ 日期: _____

未滿十八歲者, 必須由家長簽署

家長簽署: _____ 日期: _____

家長姓名及香港身份證號碼或護照號碼: _____