

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Youth & Fun Distance	1	8	09:45	1300	Boys 1995		Wong Hui Wai	黃煦蔚
Youth & Fun Distance	1	8	09:45	1301	Boys 1995		Chu Shiu Lun	朱兆麟
Youth & Fun Distance	1	8	09:45	1302	Boys 1995		Chu Long San	朱朗桑
Youth & Fun Distance	1	8	09:45	1303	Boys 1995		CHOW SIN KI	鄒善琪
Youth & Fun Distance	1	8	09:45	1304	Boys 1995		Lam Jung Yee	林頌宜
Youth & Fun Distance	1	8	09:45	1305	Boys 1995		Chow Man Him	周文謙
Youth & Fun Distance	1	8	09:45	1306	Boys 1995		Cheng Ho Yin	鄭皓賢
Youth & Fun Distance	1	8	09:45	1307	Boys 1995		Cheung Tsun Hang	
Youth & Fun Distance	1	8	09:45	1308	Boys 1995		Roberts Lewis	
Youth & Fun Distance	1	8	09:45	1309	Boys 1995		Kriesel Joshua	
Youth & Fun Distance	1	8	09:45	1310	Boys 1995		Lau Tsun Yat	劉峻逸
Youth & Fun Distance	1	8	09:45	1311	Boys 1995		CHAN ADAM CHEUK	陳卓文
Youth & Fun Distance	1	8	09:45	1312	Boys 1995		Kwok Wing Kan	郭穎勤
Youth & Fun Distance	1	8	09:45	1313	Boys 1995		Tsoi Ka Cheuk	蔡家焯
Youth & Fun Distance	1	8	09:45	1370	Boys 1995		Leung Yat Lai	梁逸禮
Youth & Fun Distance	1	8	09:45	1379	Boys 1995		DZEDZEJ CLEMENT	
Youth & Fun Distance	1	8	09:45	1314	Boys 1996		Chau Man Kei	鄒文棋
Youth & Fun Distance	1	8	09:45	1315	Boys 1996		Yim Ho Yin	嚴浩然
Youth & Fun Distance	1	8	09:45	1316	Boys 1996		LEE CHUN	李雋
Youth & Fun Distance	1	8	09:45	1317	Boys 1996		Lau Yue Hin	劉裕軒
Youth & Fun Distance	1	8	09:45	1318	Boys 1996		Ma Clement	馬卓朗
Youth & Fun Distance	1	8	09:45	1319	Boys 1996		Chan Wai Shun,	陳慧信
Youth & Fun Distance	1	8	09:45	1320	Boys 1996		Ho Fuk Hung	何福鴻
Youth & Fun Distance	1	8	09:45	1321	Boys 1996		Kwok Chak Yu	郭澤宇
Youth & Fun Distance	1	8	09:45	1322	Boys 1996		Poon Tsz Tung	潘梓東
Youth & Fun Distance	1	8	09:45	1371	Boys 1996		Cheng Yan Lok	鄭恩烙
Youth & Fun Distance	1	8	09:45	1380	Boys 1996		Ho Matthew Chi Yan	何智仁
Youth & Fun Distance	1	8	09:45	1323	Boys 1997		Chan Ka Chun	陳家駿
Youth & Fun Distance	1	8	09:45	1324	Boys 1997		Leung Chun Sun	梁晉笙
Youth & Fun Distance	1	8	09:45	1325	Boys 1997		Ip Ho Lam	葉灝霖
Youth & Fun Distance	1	8	09:45	1326	Boys 1997		SHUEN CHUN KIT	孫鎮傑
Youth & Fun Distance	1	8	09:45	1327	Boys 1997		CHAN WING	陳永昌
Youth & Fun Distance	1	8	09:45	1328	Boys 1997		Choy ho cheong	蔡浩鏘
Youth & Fun Distance	1	8	09:45	1329	Boys 1997		Lee Ka Kei, Gareth	李嘉琦
Youth & Fun Distance	1	8	09:45	1330	Boys 1997		TSANG YIN LUNG	曾彥龍
Youth & Fun Distance	1	8	09:45	1331	Boys 1997		Loo Tsz Hei	盧子希
Youth & Fun Distance	1	8	09:45	1332	Boys 1997		Fung Yat To	馮逸滔
Youth & Fun Distance	1	8	09:45	1333	Boys 1997		LEUNG CHING HANG	梁正行
Youth & Fun Distance	1	8	09:45	1334	Boys 1997		Lam Michael	林朗星
Youth & Fun Distance	1	8	09:45	1335	Boys 1997		Leung Wai Yan	梁瑋殷
Youth & Fun Distance	1	8	09:45	1336	Boys 1997		Mitchelmore	麥銘源
Youth & Fun Distance	1	8	09:45	1337	Boys 1997		Heung Chin Tung	香展東
Youth & Fun Distance	1	8	09:45	1338	Boys 1997		HO Ho Lim	何皓廉

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Youth & Fun Distance	1	8	09:45	1339	Boys 1997		Tsoi Ka Kit	蔡家傑
Youth & Fun Distance	1	8	09:45	1372	Boys 1997		LI KA TSUN	
Youth & Fun Distance	1	8	09:45	1373	Boys 1997		CHAN HON LAM	
Youth & Fun Distance	1	8	09:45	1374	Boys 1997		FAN LUKAS LONG	范朗
Youth & Fun Distance	1	8	09:45	1381	Boys 1997		JOHNSTON JAMES	
Youth & Fun Distance	1	8	09:45	1382	Boys 1997		Kam Chun Him	甘俊謙
Youth & Fun Distance	1	8	09:45	1383	Boys 1997		Wong Tsz Shing	黃梓誠
Youth & Fun Distance	1	8	09:45	1340	Boys 1998		LEE MAN SUM	李文心
Youth & Fun Distance	1	8	09:45	1341	Boys 1998		Chung Ho Tsit	鍾皓哲
Youth & Fun Distance	1	8	09:45	1342	Boys 1998		LAI YICK HIM	黎奕謙
Youth & Fun Distance	1	8	09:45	1343	Boys 1998		Chan Kam Po	陳金寶
Youth & Fun Distance	1	8	09:45	1344	Boys 1998		Yu King Chun	余璟晉
Youth & Fun Distance	1	8	09:45	1345	Boys 1998		Choy Fu Kwong,	蔡富光
Youth & Fun Distance	1	8	09:45	1346	Boys 1998		Ngan Ming Yin,Joshua	顏銘然
Youth & Fun Distance	1	8	09:45	1347	Boys 1998		Wong Hong Tai	黃康泰
Youth & Fun Distance	1	8	09:45	1348	Boys 1998		Ma Clarence	馬靖朗
Youth & Fun Distance	1	8	09:45	1349	Boys 1998		SMITH JAKE	
Youth & Fun Distance	1	8	09:45	1350	Boys 1998		LAI CHEUK YIN	黎卓賢
Youth & Fun Distance	1	8	09:45	1351	Boys 1998		WONG TSZ TO	黃子圖
Youth & Fun Distance	1	8	09:45	1352	Boys 1998		CHEUNG KA CHUN	張迎雋
Youth & Fun Distance	1	8	09:45	1353	Boys 1998		Wong Wing Yin	黃永彥
Youth & Fun Distance	1	8	09:45	1354	Boys 1998		Kong Cheuk Hei	江卓熹
Youth & Fun Distance	1	8	09:45	1355	Boys 1998		CHENG CHING WEI	鄭清為
Youth & Fun Distance	1	8	09:45	1356	Boys 1998		Keung Pok Man	姜博民
Youth & Fun Distance	1	8	09:45	1375	Boys 1998		WONG SA CHI	
Youth & Fun Distance	1	8	09:45	1376	Boys 1998		Metz Timothy	Hiu Yeung
Youth & Fun Distance	1	8	09:45	1377	Boys 1998		TAM MING HON	
Ultrakids Distance	1	6	08:55	1100	Boys 1999		Cheng On Sum	鄭安深
Ultrakids Distance	1	6	08:55	1101	Boys 1999		Chow Chi Hei	周志禧
Ultrakids Distance	1	6	08:55	1102	Boys 1999		Ng Chi Him	伍智謙
Ultrakids Distance	1	6	08:55	1103	Boys 1999		HO PAK LOK,	何柏洛
Ultrakids Distance	1	6	08:55	1104	Boys 1999		CHAN CHI LAI	陳致禮
Ultrakids Distance	1	6	08:55	1105	Boys 1999		Chan Chak Hei	陳澤熙
Ultrakids Distance	1	6	08:55	1106	Boys 1999		Ching Kwan Yeung	程鈞洋
Ultrakids Distance	1	6	08:55	1107	Boys 1999		Tse Chun Luen,	謝鎮鸞
Ultrakids Distance	1	6	08:55	1108	Boys 1999		Chan Wing Tsun	陳穎凌
Ultrakids Distance	1	6	08:55	1109	Boys 1999		LAI NOK HEI	黎諾曦
Ultrakids Distance	1	6	08:55	1110	Boys 1999		Chan Ting Hei	陳庭曦
Ultrakids Distance	1	6	08:55	1111	Boys 1999		Leung Chung Pak,	梁頌拍
Ultrakids Distance	1	6	08:55	1112	Boys 1999		Yu Shing Him, Mark	
Ultrakids Distance	1	6	08:55	1113	Boys 1999		TO CHEUK HEI	杜棹熙
Ultrakids Distance	1	6	08:55	1114	Boys 1999		Leung Siu Hin	梁兆軒
Ultrakids Distance	1	6	08:55	1115	Boys 1999		CHAN KWUN HO	陳官昊

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Ultrakids Distance	1	6	08:55	1116	Boys 1999		Yeung Chun Kit	楊峻杰
Ultrakids Distance	1	6	08:55	1117	Boys 1999		CHENG CHING YIN	鄭清然
Ultrakids Distance	1	6	08:55	1118	Boys 1999		Chow Angus	周侃滔
Ultrakids Distance	1	6	08:55	1158	Boys 1999		Cheng Yan Chak	鄭恩澤
Ultrakids Distance	1	6	08:55	1164	Boys 1999		Metz Matthew	Ying Yeung
Ultrakids Distance	1	6	08:55	1165	Boys 1999		Chau Sing Ha	周盛夏
Ultrakids Distance	1	6	08:55	1166	Boys 1999		Lee Ho Chang	李浩章
Ultrakids Distance	1	6	08:55	1119	Boys 2000		Ip Poe Lam	葉溥霖
Ultrakids Distance	1	6	08:55	1120	Boys 2000		Lam Yin Wang	林彥宏
Ultrakids Distance	1	6	08:55	1121	Boys 2000		Cheung Wai Yin,	張煒彥
Ultrakids Distance	1	6	08:55	1122	Boys 2000		Carstensen Bo	
Ultrakids Distance	1	6	08:55	1123	Boys 2000		FENG JINYUAN	冯劲源
Ultrakids Distance	1	6	08:55	1124	Boys 2000		MARTIN JACK	
Ultrakids Distance	1	6	08:55	1125	Boys 2000		Yip Kun Fung	葉灌峰
Ultrakids Distance	1	6	08:55	1126	Boys 2000		Stewart Charlie	
Ultrakids Distance	1	6	08:55	1127	Boys 2000		Chan Yik Ming, Ricky	陳易明
Ultrakids Distance	1	6	08:55	1128	Boys 2000		Leung Tak Lun	梁德綸
Ultrakids Distance	1	6	08:55	1129	Boys 2000		GUAN YUE	關岳
Ultrakids Distance	1	6	08:55	1130	Boys 2000		TSANG NGO CHING	曾傲程
Ultrakids Distance	1	6	08:55	1159	Boys 2000		MUI HIN HO	
Ultrakids Distance	1	6	08:55	1160	Boys 2000		BOO HOK HIM,	巫學謙
Ultrakids Distance	1	6	08:55	1167	Boys 2000		Roberts Cameron	
Ultrakids Distance	1	6	08:55	1168	Boys 2000		HO CHUN YIN,	何俊諺
Ultrakids Distance	1	6	08:55	1169	Boys 2000		Royds Oscar	
Ultrakids Distance	1	6	08:55	1170	Boys 2000		Lau Ho	
Ultrakids Distance	1	6	08:55	1171	Boys 2000		CHUNG MAN HIN	鐘文軒
Ultrakids Distance	1	6	08:55	1172	Boys 2000		Watabe Rei	渡部 黎
Ultrakids Distance	1	6	08:55	1173	Boys 2000		SZETO YAT HEI	司徒日曦
Ultrakids Distance	1	6	08:55	1131	Boys 2001		LI TSZ HO, ANGUS	李子浩
Ultrakids Distance	1	6	08:55	1132	Boys 2001		Ho KA CHUN,	何家俊
Ultrakids Distance	1	6	08:55	1133	Boys 2001		Ho Ka Kit, Kelvin	何家傑
Ultrakids Distance	1	6	08:55	1134	Boys 2001		Lau Yu Hon	劉宇航
Ultrakids Distance	1	6	08:55	1135	Boys 2001		LEUNG DATHAN	梁皓喬
Ultrakids Distance	1	6	08:55	1136	Boys 2001		LAU Chun Ip Robot	劉竣業
Ultrakids Distance	1	6	08:55	1137	Boys 2001		IP SHUN HEI	葉信晞
Ultrakids Distance	1	6	08:55	1138	Boys 2001		Chow kin lun	周澗倫
Ultrakids Distance	1	6	08:55	1139	Boys 2001		Billington Alex	
Ultrakids Distance	1	6	08:55	1140	Boys 2001		LEE KA HIM,	李嘉謙
Ultrakids Distance	1	6	08:55	1141	Boys 2001		HUNG TIK LONG	洪迪朗
Ultrakids Distance	1	6	08:55	1142	Boys 2001		CHAN HO FUNG	陳浩鋒
Ultrakids Distance	1	6	08:55	1161	Boys 2001		ho chung hang jason	何仲恆
Ultrakids Distance	1	6	08:55	1162	Boys 2001		CHAN HON SUM	
Ultrakids Distance	1	6	08:55	1163	Boys 2001		TSE HOFF MAN	

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Ultrakids Distance	1	6	08:55	1174	Boys 2001		Cheung Ho Kwan	張皓鈞
Ultrakids Distance	1	6	08:55	1175	Boys 2001		NG Lewis Chun Hon	吳俊慷
Ultrakids Distance	1	6	08:55	1176	Boys 2001		HO TREVOR	何丞昊
Ultrakids Distance	1	6	08:55	1177	Boys 2001		CHAN KING HO,	陳敬皓
Ultrakids Distance	1	6	08:55	1143	Boys 2002		LEE MAN HEI	李文希
Ultrakids Distance	1	6	08:55	1144	Boys 2002		NG CHI KIN	伍智鍵
Ultrakids Distance	1	6	08:55	1145	Boys 2002		CHAN CARTON	陳家騰
Ultrakids Distance	1	6	08:55	1146	Boys 2002		WONG LONG CHING,	黃朗程
Ultrakids Distance	1	6	08:55	1147	Boys 2002		LAU Chun Hin Oscar	劉竣軒
Ultrakids Distance	1	6	08:55	1148	Boys 2002		Lum CHING HIM	林正謙
Ultrakids Distance	1	6	08:55	1149	Boys 2002		CHAN CHUN HIN	陳駿軒
Ultrakids Distance	1	6	08:55	1150	Boys 2002		TAO CHUN NGOK	杜臻岳
Ultrakids Distance	1	6	08:55	1151	Boys 2002		YAN LOK MICHAEL	甄樂
Ultrakids Distance	1	6	08:55	1152	Boys 2002		KA Tung wai	賈棟淮
Ultrakids Distance	1	6	08:55	1153	Boys 2002		LAM WAI LOK	林瑋灝
Ultrakids Distance	1	6	08:55	1154	Boys 2002		WU ZHI JIAN MARCO	鄔智堅
Ultrakids Distance	1	6	08:55	1155	Boys 2002		Chow Aidan	
Ultrakids Distance	1	6	08:55	1156	Boys 2002		LAM YAT HIM ANGUS	
Ultrakids Distance	1	6	08:55	1157	Boys 2002		LAU CHUN HEI	劉俊希
Ultrakids Distance	1	6	08:55	1178	Boys 2002		Gaw Gabriel	
Ultrakids Distance	1	6	08:55	1179	Boys 2002		Stewart Nicolas	
Youth & Fun Distance	1	7	09:40	R100	Boys Secondary School Relay	Austsport		
Youth & Fun Distance	1	7	09:40	R101	Boys Secondary School Relay	YY2一隊		
Youth & Fun Distance	1	7	09:40	R102	Boys Secondary School Relay	YY2二隊		
Youth & Fun Distance	1	7	09:40	R141	Boys Secondary School Relay	DIOCESAN BOYS' SCHOOL - EBB		
Youth & Fun Distance	1	7	09:40	R142	Boys Secondary School Relay	培橋男子2隊		
Youth & Fun Distance	1	7	09:40	R143	Boys Secondary School Relay	培橋男子1隊		
Youth & Fun Distance	1	9	09:55	1400	Female Age Group 16 – 19			
Youth & Fun Distance	1	9	09:55	1444	Female Age Group 16 – 19		Chu Wing Sze	朱詠詩
Youth & Fun Distance	1	9	09:55	1401	Female Age Group 20-29		Mak So Ning, Tania	麥素寧
Youth & Fun Distance	1	9	09:55	1402	Female Age Group 20-29		Fung Kit Yi	馮潔怡
Youth & Fun Distance	1	9	09:55	1403	Female Age Group 20-29		CHEUNG TIK KA	張迪嘉
Youth & Fun Distance	1	9	09:55	1404	Female Age Group 20-29		TANG CHEUK HANG	鄧卓衡
Youth & Fun Distance	1	9	09:55	1405	Female Age Group 20-29		CHAN CHAU WUN	
Youth & Fun Distance	1	9	09:55	1406	Female Age Group 20-29		Ferretti Laura	none
Youth & Fun Distance	1	9	09:55	1407	Female Age Group 20-29		Ho Winnie Wing Yee	何穎怡
Youth & Fun Distance	1	9	09:55	1408	Female Age Group 20-29		Lau On Yue	
Youth & Fun Distance	1	9	09:55	1409	Female Age Group 20-29		Ng Keilem	
Youth & Fun Distance	1	9	09:55	1434	Female Age Group 20-29		LeBlanc Michaela	
Youth & Fun Distance	1	9	09:55	1410	Female Age Group 30-39		Chan Wing Yee	陳詠怡
Youth & Fun Distance	1	9	09:55	1411	Female Age Group 30-39		Yu Cherlotte	余雪朗
Youth & Fun Distance	1	9	09:55	1412	Female Age Group 30-39		Chan Lok Yan	陳樂欣
Youth & Fun Distance	1	9	09:55	1413	Female Age Group 30-39		Blanco Vivian	

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Youth & Fun Distance	1	9	09:55	1414	Female Age Group 30-39		cheng mei chi	鄭美姿
Youth & Fun Distance	1	9	09:55	1415	Female Age Group 30-39		Davies Juliana	
Youth & Fun Distance	1	9	09:55	1416	Female Age Group 30-39		Ho NGA WAI Sherin	
Youth & Fun Distance	1	9	09:55	1417	Female Age Group 30-39		Kung Kwun Yi	龔觀怡
Youth & Fun Distance	1	9	09:55	1418	Female Age Group 30-39		Lee Koon Fong	李冠芳
Youth & Fun Distance	1	9	09:55	1419	Female Age Group 30-39		Loo Yun Ming	羅潤明
Youth & Fun Distance	1	9	09:55	1420	Female Age Group 30-39		Nguyen Mai	
Youth & Fun Distance	1	9	09:55	1421	Female Age Group 30-39		Sang Kuan-Chin	
Youth & Fun Distance	1	9	09:55	1422	Female Age Group 30-39		Sham Pui Man Vivian	沈珮雯
Youth & Fun Distance	1	9	09:55	1423	Female Age Group 30-39		Siew Suet Peng	
Youth & Fun Distance	1	9	09:55	1424	Female Age Group 30-39		Zee Jennifer	
Youth & Fun Distance	1	9	09:55	1425	Female Age Group 30-39		Chan Peggy Pui Zee	曾佩芝
Youth & Fun Distance	1	9	09:55	1426	Female Age Group 30-39		Hon Joanne	
Youth & Fun Distance	1	9	09:55	1427	Female Age Group 30-39		Lai Yuen Ki Anita	黎婉琪
Youth & Fun Distance	1	9	09:55	1435	Female Age Group 30-39		ip vivian	
Youth & Fun Distance	1	9	09:55	1436	Female Age Group 30-39		Tolhoek Francesca	
Youth & Fun Distance	1	9	09:55	1437	Female Age Group 30-39		Evers Skye	
Youth & Fun Distance	1	9	09:55	1428	Female Age Group 40-49		Lui Shuk Han, Karen	呂淑嫻
Youth & Fun Distance	1	9	09:55	1429	Female Age Group 40-49		CHAN MAN MEI	陳曼薇
Youth & Fun Distance	1	9	09:55	1430	Female Age Group 40-49		Tam Mei Ling	譚美玲
Youth & Fun Distance	1	9	09:55	1431	Female Age Group 40-49		Pringle Lesia	
Youth & Fun Distance	1	9	09:55	1432	Female Age Group 40-49		SY Janet	薛美莉
Youth & Fun Distance	1	9	09:55	1438	Female Age Group 40-49		McDonald Fiona	
Youth & Fun Distance	1	9	09:55	1440	Female Age Group 40-49		Lee Suet	
Youth & Fun Distance	1	9	09:55	1441	Female Age Group 40-49		Leung Michelle	
Youth & Fun Distance	1	9	09:55	1442	Female Age Group 40-49		Campion Fiona	
Youth & Fun Distance	1	9	09:55	1443	Female Age Group 40-49		Yu Pik Yuk Julie	余碧玉
Youth & Fun Distance	1	9	09:55	1433	Female Age Group 50 & Over		Lam Teresa Yuen Fun	
Youth & Fun Distance	1	9	09:55	1439	Female Age Group 50 & Over		Chi Yin Har Winnie	汲燕霞
Youth & Fun Distance	1	7	09:40	1203	Female Open Youth		Choi See Chung	蔡思聰
Youth & Fun Distance	1	7	09:40	1206	Female Open Youth		Ng Yui Lam	吳睿琳
Youth & Fun Distance	1	7	09:40	1220	Female Open Youth		Chan Long Ching	陳朗澄
Youth & Fun Distance	1	7	09:40	1221	Female Open Youth		Lam June	林婕
Youth & Fun Distance	1	7	09:40	1222	Female Open Youth		Lee Yuk Ying Aggie	李鈺盈
Youth & Fun Distance	1	7	09:40	1227	Female Open Youth		Choi Len	
Youth & Fun Distance	1	7	09:40	1200	Girls 1995		TSANG KA HUNG	曾嘉紅
Youth & Fun Distance	1	7	09:40	1201	Girls 1995		WONG KWAN IN	
Youth & Fun Distance	1	7	09:40	1202	Girls 1995		Chan Lok Yi	陳樂怡
Youth & Fun Distance	1	7	09:40	1223	Girls 1995		Sin Pui Yan	冼珮欣
Youth & Fun Distance	1	7	09:40	1204	Girls 1996		HUNG TSZ TO	洪正濤
Youth & Fun Distance	1	7	09:40	1205	Girls 1996		Kong Yan Pui	江欣蓓
Youth & Fun Distance	1	7	09:40	1224	Girls 1996		LI WAI SUM	
Youth & Fun Distance	1	7	09:40	1207	Girls 1997		CHAN KWAN HO	陳筠灝

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Youth & Fun Distance	1	7	09:40	1208	Girls 1997		Kriesel Bridget	
Youth & Fun Distance	1	7	09:40	1209	Girls 1997		Chan Ka Ying	陳嘉盈
Youth & Fun Distance	1	7	09:40	1210	Girls 1997		Lam Yin Tung	林彥彤
Youth & Fun Distance	1	7	09:40	1211	Girls 1997		Lee Wing Sum	李詠琛
Youth & Fun Distance	1	7	09:40	1212	Girls 1997		Wan Tsz Huen	溫子暄
Youth & Fun Distance	1	7	09:40	1213	Girls 1997		Wong Lok Ching,	黃樂澄
Youth & Fun Distance	1	7	09:40	1214	Girls 1997		Yip Wing Chin Tracy	葉穎鈺
Youth & Fun Distance	1	7	09:40	1225	Girls 1997		CHU YAN LAM	
Youth & Fun Distance	1	7	09:40	1226	Girls 1997		Tsang Ka Lok	曾嘉樂
Youth & Fun Distance	1	7	09:40	1215	Girls 1998		Carstensen Nia	
Youth & Fun Distance	1	7	09:40	1216	Girls 1998		YU KA YIU	俞嘉瑤
Youth & Fun Distance	1	7	09:40	1217	Girls 1998		Chelesa Mumba	蒙卓絲
Youth & Fun Distance	1	7	09:40	1218	Girls 1998		Fu Chiu Man	傅昭文
Youth & Fun Distance	1	7	09:40	1219	Girls 1998		HUNG Cheuk Yi	洪緯怡
Ultrakids Distance	1	5	08:50	1000	Girls 1999		Au Yeung Hok Ka	歐陽學珈
Ultrakids Distance	1	5	08:50	1001	Girls 1999		BURTON	
Ultrakids Distance	1	5	08:50	1002	Girls 1999		Chu Tsz Wai	朱芷蕙
Ultrakids Distance	1	5	08:50	1003	Girls 1999		LAU YAN WING	劉欣穎
Ultrakids Distance	1	5	08:50	1004	Girls 1999		Tam Nga Man	譚雅文
Ultrakids Distance	1	5	08:50	1005	Girls 1999		Tsang Ching Sze	曾靖斯
Ultrakids Distance	1	5	08:50	1006	Girls 1999		WONG SZE KIU	黃穗菽
Ultrakids Distance	1	5	08:50	1028	Girls 1999		Au Yan Tung	區欣桐
Ultrakids Distance	1	5	08:50	1007	Girls 2000		Ho Chun Yiu	何津瑤
Ultrakids Distance	1	5	08:50	1008	Girls 2000		LAU HIN YEE	劉軒怡
Ultrakids Distance	1	5	08:50	1009	Girls 2000		LAW KELLY	
Ultrakids Distance	1	5	08:50	1010	Girls 2000		LEE KING TUNG	李倣腫
Ultrakids Distance	1	5	08:50	1011	Girls 2000		Lee Lella	
Ultrakids Distance	1	5	08:50	1012	Girls 2000		Chan Carin	陳家允
Ultrakids Distance	1	5	08:50	1013	Girls 2000		Chau Man Wing	鄒文詠
Ultrakids Distance	1	5	08:50	1014	Girls 2000		CHUNG YUEN TUNG,	鐘婉彤
Ultrakids Distance	1	5	08:50	1015	Girls 2000		LAI YI SUM	黎懿心
Ultrakids Distance	1	5	08:50	1016	Girls 2000		Tsang Ying Chi	曾映之
Ultrakids Distance	1	5	08:50	1017	Girls 2000		Tse Hoi Yan, Gloria	謝愷恩
Ultrakids Distance	1	5	08:50	1026	Girls 2000		CHAN CHUN	陳臻
Ultrakids Distance	1	5	08:50	1027	Girls 2000		Leung Ching In	梁靜妍
Ultrakids Distance	1	5	08:50	1029	Girls 2000		Shute Imogen	
Ultrakids Distance	1	5	08:50	1032	Girls 2000		Brown Bailee	
Ultrakids Distance	1	5	08:50	1018	Girls 2001		Lau Man	劉敏
Ultrakids Distance	1	5	08:50	1019	Girls 2001		WONG CHING LAM	黃靖琳
Ultrakids Distance	1	5	08:50	1020	Girls 2001		Cho Wing To, Cheri	曹詠洵
Ultrakids Distance	1	5	08:50	1021	Girls 2001		TAM HEI TUNG	譚曦彤
Ultrakids Distance	1	5	08:50	1030	Girls 2001		CHAN HANG KI,	陳幸琪
Ultrakids Distance	1	5	08:50	1022	Girls 2002		CHAN HIU YEE	陳曉儀

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Ultrakids Distance	1	5	08:50	1023	Girls 2002		CHAN HOI YAN	陳凱昕
Ultrakids Distance	1	5	08:50	1024	Girls 2002		LAU CATHY	劉倩杏
Ultrakids Distance	1	5	08:50	1025	Girls 2002		LIU SIN HANG,	
Ultrakids Distance	1	5	08:50	1031	Girls 2002		SO CHUI HONG	蘇翠航
Youth & Fun Distance	1	7	09:40	R144	Girls Secondary School Relay	培橋女子2隊		
Youth & Fun Distance	1	7	09:40	R145	Girls Secondary School Relay	培橋女子1隊		
Youth & Fun Distance	1	10	10:00	1500	Male Age Group 16 – 19		WONG WAI TUNG	黃煒東
Youth & Fun Distance	1	10	10:00	1501	Male Age Group 16 – 19		KWONG LOK MAN	鄺樂民
Youth & Fun Distance	1	10	10:00	1502	Male Age Group 16 – 19		Ford-McNicol Rory	Rory
Youth & Fun Distance	1	10	10:00	1503	Male Age Group 16 – 19		CHUI TSZ CHUNG	徐梓聰
Youth & Fun Distance	1	10	10:00	1504	Male Age Group 16 – 19		Tsoi Ka Hei	蔡家熙
Youth & Fun Distance	1	10	10:00	1505	Male Age Group 16 – 19		Chan Yin Ming	陳彥銘
Youth & Fun Distance	1	10	10:00	1598	Male Age Group 16 – 19		Wu Tsz Fung	胡梓鋒
Youth & Fun Distance	1	10	10:00	1599	Male Age Group 16 – 19		YAU LOK YIN,	游樂然
Youth & Fun Distance	1	10	10:00	1615	Male Age Group 16 – 19		Chiu Sze Chun	
Youth & Fun Distance	1	10	10:00	1616	Male Age Group 16 – 19		POON YIU CHUNG	
Youth & Fun Distance	1	10	10:00	1506	Male Age Group 20-29		Lam Tsz Wai	林梓維
Youth & Fun Distance	1	10	10:00	1507	Male Age Group 20-29		Leung Ka Lun	梁嘉倫
Youth & Fun Distance	1	10	10:00	1508	Male Age Group 20-29		CHAN LOK KI,	陳樂麒
Youth & Fun Distance	1	10	10:00	1509	Male Age Group 20-29		Persutti Justin	彭嘉霆
Youth & Fun Distance	1	10	10:00	1510	Male Age Group 20-29		Tay Pak Kei Kevin	戴柏基
Youth & Fun Distance	1	10	10:00	1511	Male Age Group 20-29		Wong Chin Hang	黃展恒
Youth & Fun Distance	1	10	10:00	1512	Male Age Group 20-29		Tang Yuen Hung	鄧遠雄
Youth & Fun Distance	1	10	10:00	1513	Male Age Group 20-29		Cheung Jeremy	
Youth & Fun Distance	1	10	10:00	1514	Male Age Group 20-29		Lam Eric	
Youth & Fun Distance	1	10	10:00	1515	Male Age Group 20-29		LAM Kenny	
Youth & Fun Distance	1	10	10:00	1516	Male Age Group 20-29		Leung Tony	梁健邦
Youth & Fun Distance	1	10	10:00	1517	Male Age Group 20-29		SHAM SIU HANG	岑兆恒
Youth & Fun Distance	1	10	10:00	1518	Male Age Group 20-29		Sobral John	
Youth & Fun Distance	1	10	10:00	1519	Male Age Group 20-29		Yiu Wai Lam	姚瑋霖
Youth & Fun Distance	1	10	10:00	1520	Male Age Group 20-29		He Yinliang	何吟亮
Youth & Fun Distance	1	10	10:00	1521	Male Age Group 20-29		Kwok Ting Pong	
Youth & Fun Distance	1	10	10:00	1522	Male Age Group 20-29		LEUNG CHUNG WAI	
Youth & Fun Distance	1	10	10:00	1523	Male Age Group 20-29		TSANG PO YUEN	
Youth & Fun Distance	1	10	10:00	1600	Male Age Group 20-29		Weber Christopher	
Youth & Fun Distance	1	10	10:00	1617	Male Age Group 20-29		LI WAI CHEONG	
Youth & Fun Distance	1	10	10:00	1618	Male Age Group 20-29		Wong Sze Kit	
Youth & Fun Distance	1	10	10:00	1619	Male Age Group 20-29		Sum Kok Ping	沈國平
Youth & Fun Distance	1	10	10:00	1620	Male Age Group 20-29		Hui Ka Cheong	許家鏘
Youth & Fun Distance	1	10	10:00	1621	Male Age Group 20-29		Cheung Wah Kit	張樺傑
Youth & Fun Distance	1	10	10:00	1622	Male Age Group 20-29		Liu Shing Tat	
Youth & Fun Distance	1	10	10:00	1623	Male Age Group 20-29		Leung Tsz Kin	
Youth & Fun Distance	1	10	10:00	1624	Male Age Group 20-29		Cheung Gary Chung	

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Youth & Fun Distance	1	10	10:00	1625	Male Age Group 20-29		Ho Ka Wing	
Youth & Fun Distance	1	10	10:00	1626	Male Age Group 20-29		Fong Wai Lim	
Youth & Fun Distance	1	10	10:00	1627	Male Age Group 20-29		Bucek Michal	
Youth & Fun Distance	1	10	10:00	1524	Male Age Group 30-39		Wong Derek	黃秉康
Youth & Fun Distance	1	10	10:00	1525	Male Age Group 30-39		Ho LAM FAI	何霖輝
Youth & Fun Distance	1	10	10:00	1526	Male Age Group 30-39		Leung Siu Fai	梁兆輝
Youth & Fun Distance	1	10	10:00	1527	Male Age Group 30-39		Mak Chun Yin Tony	麥振賢
Youth & Fun Distance	1	10	10:00	1528	Male Age Group 30-39		Chan Thomas	陳欽輝
Youth & Fun Distance	1	10	10:00	1529	Male Age Group 30-39		Lee Yue Hong	李裕康
Youth & Fun Distance	1	10	10:00	1530	Male Age Group 30-39		Lai Wing Yin	黎永賢
Youth & Fun Distance	1	10	10:00	1531	Male Age Group 30-39		Mak Chi Chung	麥志聰
Youth & Fun Distance	1	10	10:00	1532	Male Age Group 30-39		Chow Hoi Tat	周海達
Youth & Fun Distance	1	10	10:00	1533	Male Age Group 30-39		LAM TUEN YEUNG	林端揚
Youth & Fun Distance	1	10	10:00	1534	Male Age Group 30-39		WONG KIN CHUNG	黃建中
Youth & Fun Distance	1	10	10:00	1535	Male Age Group 30-39		AU YEUNG SHEK	歐陽錫偉
Youth & Fun Distance	1	10	10:00	1536	Male Age Group 30-39		CHAN Joe	陳志軒
Youth & Fun Distance	1	10	10:00	1537	Male Age Group 30-39		CHAN Zhi Cheng	陳智成
Youth & Fun Distance	1	10	10:00	1538	Male Age Group 30-39		Cheung Philip	
Youth & Fun Distance	1	10	10:00	1539	Male Age Group 30-39		Choi Daniel	蔡學鈞
Youth & Fun Distance	1	10	10:00	1540	Male Age Group 30-39		IP WAI TAK	葉偉德
Youth & Fun Distance	1	10	10:00	1541	Male Age Group 30-39		LEE JOHNNY YAT	
Youth & Fun Distance	1	10	10:00	1542	Male Age Group 30-39		LEE Kin chung	李建忠
Youth & Fun Distance	1	10	10:00	1543	Male Age Group 30-39		Leung Hon Kuen	梁漢權
Youth & Fun Distance	1	10	10:00	1544	Male Age Group 30-39		Leung Kam Shing	梁錦成
Youth & Fun Distance	1	10	10:00	1545	Male Age Group 30-39		LI Ka wing	李家榮
Youth & Fun Distance	1	10	10:00	1546	Male Age Group 30-39		lo wai yin	
Youth & Fun Distance	1	10	10:00	1547	Male Age Group 30-39		loo wing kei	
Youth & Fun Distance	1	10	10:00	1548	Male Age Group 30-39		Padraig Walsh	
Youth & Fun Distance	1	10	10:00	1549	Male Age Group 30-39		Tsang Chris	
Youth & Fun Distance	1	10	10:00	1550	Male Age Group 30-39		TSE CHI KIN	謝志堅
Youth & Fun Distance	1	10	10:00	1551	Male Age Group 30-39		wing kin wong	黃永健
Youth & Fun Distance	1	10	10:00	1552	Male Age Group 30-39		Wong Ho Kong	
Youth & Fun Distance	1	10	10:00	1553	Male Age Group 30-39		Chung Wan Yeung Ian	鍾韻揚
Youth & Fun Distance	1	10	10:00	1554	Male Age Group 30-39		Lau Wing Yat	劉永溢
Youth & Fun Distance	1	10	10:00	1555	Male Age Group 30-39		LUI WAI KIT	呂偉傑
Youth & Fun Distance	1	10	10:00	1556	Male Age Group 30-39		Tiu Tai Wai David	
Youth & Fun Distance	1	10	10:00	1557	Male Age Group 30-39		Wong Cheuk Ki	黃卓奇
Youth & Fun Distance	1	10	10:00	1601	Male Age Group 30-39		Lai Niki	
Youth & Fun Distance	1	10	10:00	1602	Male Age Group 30-39		Choi Tin O Alvin	
Youth & Fun Distance	1	10	10:00	1603	Male Age Group 30-39		CHIU CHUNG KWAN	
Youth & Fun Distance	1	10	10:00	1604	Male Age Group 30-39		YAN KAI HUNG,	
Youth & Fun Distance	1	10	10:00	1605	Male Age Group 30-39		CHAU HONG YU	
Youth & Fun Distance	1	10	10:00	1606	Male Age Group 30-39		TSUI KIN YUE	徐健愉

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Youth & Fun Distance	1	10	10:00	1607	Male Age Group 30-39		Lam Joseph	
Youth & Fun Distance	1	10	10:00	1628	Male Age Group 30-39		LAM KAI LUN	林啓倫
Youth & Fun Distance	1	10	10:00	1629	Male Age Group 30-39		Ngai Cheuk Lun	
Youth & Fun Distance	1	10	10:00	1630	Male Age Group 30-39		Wai Siu Wah	
Youth & Fun Distance	1	10	10:00	1631	Male Age Group 30-39		Chan Jimmy Wai Kiu	
Youth & Fun Distance	1	10	10:00	1632	Male Age Group 30-39		Wai Keung Leung	梁偉權
Youth & Fun Distance	1	10	10:00	1633	Male Age Group 30-39		Pang Tik On, Eddie	
Youth & Fun Distance	1	10	10:00	1634	Male Age Group 30-39		Wong Chi On, Otto	
Youth & Fun Distance	1	10	10:00	1635	Male Age Group 30-39		Au Chun To, Evan	
Youth & Fun Distance	1	10	10:00	1636	Male Age Group 30-39		Khan Swadiq	
Youth & Fun Distance	1	10	10:00	1637	Male Age Group 30-39		Cheung Chi Wai, Chris	張志偉
Youth & Fun Distance	1	10	10:00	1638	Male Age Group 30-39		Tang Keith	
Youth & Fun Distance	1	10	10:00	1641	Male Age Group 30-39		Poon Chee Hang	
Youth & Fun Distance	1	10	10:00	1642	Male Age Group 30-39		Ko Tsz Chun	高梓俊
Youth & Fun Distance	1	10	10:00	1558	Male Age Group 40-49		LEE CHI MAN	李志文
Youth & Fun Distance	1	10	10:00	1559	Male Age Group 40-49		Wan Shu Wah	溫樹華
Youth & Fun Distance	1	10	10:00	1560	Male Age Group 40-49		WONG TAK WAH,	黃德華
Youth & Fun Distance	1	10	10:00	1561	Male Age Group 40-49		Cheung Man Kwong	張文光
Youth & Fun Distance	1	10	10:00	1562	Male Age Group 40-49		Liang Anthony Ka	梁家強
Youth & Fun Distance	1	10	10:00	1563	Male Age Group 40-49		CHING WAI KIN	程偉健
Youth & Fun Distance	1	10	10:00	1564	Male Age Group 40-49		CHIU CHIM KEUNG	趙漸強
Youth & Fun Distance	1	10	10:00	1565	Male Age Group 40-49		CHAN KWOK WAI	陳國威
Youth & Fun Distance	1	10	10:00	1566	Male Age Group 40-49		CHAN Sai Bo	陳細寶
Youth & Fun Distance	1	10	10:00	1567	Male Age Group 40-49		Cheung Eddie	張家明
Youth & Fun Distance	1	10	10:00	1568	Male Age Group 40-49		cheung kin ming	張建明
Youth & Fun Distance	1	10	10:00	1569	Male Age Group 40-49		CHUN KING HOI	
Youth & Fun Distance	1	10	10:00	1570	Male Age Group 40-49		CHUNG Wing-shing	鍾永盛
Youth & Fun Distance	1	10	10:00	1571	Male Age Group 40-49		Jackson Ian	
Youth & Fun Distance	1	10	10:00	1572	Male Age Group 40-49		James Peter	
Youth & Fun Distance	1	10	10:00	1573	Male Age Group 40-49		MO KIN WAI , RAY	巫建偉
Youth & Fun Distance	1	10	10:00	1574	Male Age Group 40-49		WONG Yau tak	王右德
Youth & Fun Distance	1	10	10:00	1575	Male Age Group 40-49		Yuen Honmy	
Youth & Fun Distance	1	10	10:00	1576	Male Age Group 40-49		Chow Chiu Kin	
Youth & Fun Distance	1	10	10:00	1577	Male Age Group 40-49		Fung Wai Chung	馮偉聰
Youth & Fun Distance	1	10	10:00	1578	Male Age Group 40-49		FORD-McNICOL Mark	霍邁能
Youth & Fun Distance	1	10	10:00	1579	Male Age Group 40-49		Woods Jim	.
Youth & Fun Distance	1	10	10:00	1580	Male Age Group 40-49		Ho Siu Lam	何兆霖
Youth & Fun Distance	1	10	10:00	1581	Male Age Group 40-49		ten brink jan	,
Youth & Fun Distance	1	10	10:00	1582	Male Age Group 40-49		Escueta Carlitos	N/A
Youth & Fun Distance	1	10	10:00	1583	Male Age Group 40-49		LEUNG YAU HONG	梁祐康
Youth & Fun Distance	1	10	10:00	1584	Male Age Group 40-49		Wong Yin Cheong	黃賢昌
Youth & Fun Distance	1	10	10:00	1585	Male Age Group 40-49		LEE KIT FAYE	李傑飛
Youth & Fun Distance	1	10	10:00	1586	Male Age Group 40-49		Lam Kam Ching	林金清

2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Youth & Fun Distance	1	10	10:00	1608	Male Age Group 40-49		CHEUNG YIU TONG	
Youth & Fun Distance	1	10	10:00	1609	Male Age Group 40-49		TANG FUNG WAH	
Youth & Fun Distance	1	10	10:00	1610	Male Age Group 40-49		CHEUNG Chi-kwong	張志光
Youth & Fun Distance	1	10	10:00	1611	Male Age Group 40-49		Yuen Kwok Ming	袁國明
Youth & Fun Distance	1	10	10:00	1612	Male Age Group 40-49		NG WAI MAN	
Youth & Fun Distance	1	10	10:00	1613	Male Age Group 40-49		WONG LUNG SING	
Youth & Fun Distance	1	10	10:00	1614	Male Age Group 40-49		Lau Koon Yan	劉冠仁
Youth & Fun Distance	1	10	10:00	1639	Male Age Group 40-49		Leung Man To,	梁文滔
Youth & Fun Distance	1	10	11:00	1640	Male Age Group 40-49		Hui Henry Kwok	許國銓
Youth & Fun Distance	1	10	10:00	1587	Male Age Group 50 & Over		Li Andrew	李樹麟
Youth & Fun Distance	1	10	10:00	1588	Male Age Group 50 & Over		Lau Wai Kwong	劉偉光
Youth & Fun Distance	1	10	10:00	1589	Male Age Group 50 & Over		Chau Ho Ming	鄒浩明
Youth & Fun Distance	1	10	10:00	1590	Male Age Group 50 & Over		CHEUNG KOON YING	
Youth & Fun Distance	1	10	10:00	1591	Male Age Group 50 & Over		Fung Cheuk Sing	
Youth & Fun Distance	1	10	10:00	1592	Male Age Group 50 & Over		Leung Yau Yin	梁有賢
Youth & Fun Distance	1	10	10:00	1593	Male Age Group 50 & Over		Tam Fu Ling	
Youth & Fun Distance	1	10	10:00	1594	Male Age Group 50 & Over		Lee King Man	
Youth & Fun Distance	1	10	10:00	1595	Male Age Group 50 & Over		WU Chi-wai	鄔志偉
Youth & Fun Distance	1	10	10:00	1596	Male Age Group 50 & Over		Li Ka Wo	李家和
Youth & Fun Distance	1	10	10:00	1597	Male Age Group 50 & Over		Wong Cheuk Yin	黃卓然
Youth & Fun Distance	1	8	09:45	1357	Male Open Youth		Chan Alfred Hon Man	陳翰文
Youth & Fun Distance	1	8	09:45	1358	Male Open Youth		Chan Arthur Hok Man	陳學文
Youth & Fun Distance	1	8	09:45	1359	Male Open Youth		Leung Po Yan	梁普恩
Youth & Fun Distance	1	8	09:45	1360	Male Open Youth		Leung Sheung Hang	梁上行
Youth & Fun Distance	1	8	09:45	1361	Male Open Youth		TSE CHUN NOK	謝俊諾
Youth & Fun Distance	1	8	09:45	1362	Male Open Youth		Chan Ka Lung	陳嘉龍
Youth & Fun Distance	1	8	09:45	1363	Male Open Youth		Ching Kwan Long	程鈞朗
Youth & Fun Distance	1	8	09:45	1364	Male Open Youth		Lau Tsun Ling	劉峻峻
Youth & Fun Distance	1	8	09:45	1365	Male Open Youth		Leung Pok Yin	梁博賢
Youth & Fun Distance	1	8	09:45	1366	Male Open Youth		Li Tsz Hei	李祉熹
Youth & Fun Distance	1	8	09:45	1367	Male Open Youth		Mitchelmore Sam	麥森源
Youth & Fun Distance	1	8	09:45	1368	Male Open Youth		Wan Ching Hin	溫政軒
Youth & Fun Distance	1	8	09:45	1369	Male Open Youth		Wu Zi Juan, Joe	鄔梓浚
Youth & Fun Distance	1	8	09:45	1378	Male Open Youth		HO WAI NAM	何煒楠
Youth & Fun Distance	1	9	09:55	R103	Open Relay	MI Biker @ AustSports - Team A		
Youth & Fun Distance	1	9	09:55	R104	Open Relay	Octs		
Youth & Fun Distance	1	9	09:55	R105	Open Relay	HSBC - Team 3		
Youth & Fun Distance	1	9	09:55	R106	Open Relay	黃金三人組		
Youth & Fun Distance	1	9	09:55	R107	Open Relay	HSBC - HTSA		
Youth & Fun Distance	1	9	09:55	R108	Open Relay	MT BIKER @ AUSTSPORTS - TEAM C		
Youth & Fun Distance	1	9	09:55	R109	Open Relay	笑口組		
Youth & Fun Distance	1	9	09:55	R110	Open Relay	DAREVIL		
Youth & Fun Distance	1	9	09:55	R111	Open Relay	MT BIKER VIGOR		

2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Youth & Fun Distance	1	9	09:55	R112	Open Relay	HSBC - Tri L		
Youth & Fun Distance	1	9	09:55	R113	Open Relay	MT BIKER @ AUSTSPORTS - TEAM B		
Youth & Fun Distance	1	9	09:55	R114	Open Relay	HSBC - RRV		
Youth & Fun Distance	1	9	09:55	R115	Open Relay	Team SIP		
Youth & Fun Distance	1	9	09:55	R116	Open Relay	RVC		
Youth & Fun Distance	1	9	09:55	R117	Open Relay	HONEYMOON		
Youth & Fun Distance	1	9	09:55	R118	Open Relay	SSR		
Youth & Fun Distance	1	9	09:55	R119	Open Relay	Ready To Retire		
Youth & Fun Distance	1	9	09:55	R120	Open Relay	香港交通安全隊- 新界南總區G隊		
Youth & Fun Distance	1	9	09:55	R121	Open Relay	香港交通安全隊- 新界南總區F隊		
Youth & Fun Distance	1	9	09:55	R122	Open Relay	香港交通安全隊- 新界南總區E隊		
Youth & Fun Distance	1	9	09:55	R123	Open Relay	香港交通安全隊- 新界南總區D隊		
Youth & Fun Distance	1	9	09:55	R124	Open Relay	香港交通安全隊- 新界南總區C隊		
Youth & Fun Distance	1	9	09:55	R125	Open Relay	香港交通安全隊- 新界南總區B隊		
Youth & Fun Distance	1	9	09:55	R126	Open Relay	香港交通安全隊- 新界南總區A隊		
Youth & Fun Distance	1	9	09:55	R127	Open Relay	SIC Men		
Youth & Fun Distance	1	9	09:55	R128	Open Relay	SIC Family		
Youth & Fun Distance	1	9	09:55	R129	Open Relay	SIC Youth		
Youth & Fun Distance	1	9	09:55	R130	Open Relay	SIC Boy		
Youth & Fun Distance	1	9	09:55	R131	Open Relay	代表隊		
Youth & Fun Distance	1	9	09:55	R132	Open Relay	VFA		
Youth & Fun Distance	1	9	09:55	R133	Open Relay	SAC Ministers		
Youth & Fun Distance	1	9	09:55	R134	Open Relay	SAC Couples GG		
Youth & Fun Distance	1	9	09:55	R135	Open Relay	SAC Friday GG Boys		
Youth & Fun Distance	1	9	09:55	R136	Open Relay	SAC Friday GG Girls		
Youth & Fun Distance	1	9	09:55	R137	Open Relay	SAC Ladies Team		
Youth & Fun Distance	1	9	09:55	R138	Open Relay	SAC 2020 Team 1		
Youth & Fun Distance	1	9	09:55	R139	Open Relay	SAC 2020 Team 2		
Youth & Fun Distance	1	9	09:55	R140	Open Relay	SAC 2020 Team 3		
Youth & Fun Distance	1	9	09:55	R146	Open Relay	SIC smart boy		
Youth & Fun Distance	1	9	09:55	R147	Open Relay	CHUNGS		
Youth & Fun Distance	1	9	09:55	R148	Open Relay	Pedal Power (Team A)		
Youth & Fun Distance	1	9	09:55	R149	Open Relay	Pedal Power (Team B)		
Youth & Fun Distance	1	9	09:55	R150	Open Relay	TL2		
Youth & Fun Distance	1	10	10:55	R151	Open Relay	HONG KONG DISNEYLAND RESORT (Team 2)		
Youth & Fun Distance	1	10	11:55	R152	Open Relay	HONG KONG DISNEYLAND RESORT		
Youth & Fun Distance	1	10	12:55	R153	Open Relay	看不見的翅膀		
Olympic Distance	2	7	08:20	R200	Corporate Relay	DAMAR TEAM		
Olympic Distance	2	7	08:20	R201	Corporate Relay	HSBC-TEAM A		
Olympic Distance	2	7	08:20	R202	Corporate Relay	MT BIKER		
Sprint Distance	2	8	09:00	3000	Female Age Group 16 – 19		Leung Wing Hin	梁詠軒
Sprint Distance	2	8	09:00	3001	Female Age Group 16 – 19		CHENG WANG,	鄭泓
Sprint Distance	2	8	09:00	3002	Female Age Group 16 – 19		Chan On Ki	陳安琪

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Olympic Distance	2	2	06:40	2100	Female Age Group 20-24		Mak So Ning, Tania	麥素寧
Olympic Distance	2	2	06:40	2101	Female Age Group 20-24		Ngan Ka Yan	顏家欣
Olympic Distance	2	2	06:40	2102	Female Age Group 20-24		Lollieron-Bernard	
Sprint Distance	2	8	09:00	3003	Female Age Group 20-24		TANG CHEUK HANG	鄧卓衡
Sprint Distance	2	8	09:00	3004	Female Age Group 20-24		Sjöholm Christina	
Sprint Distance	2	8	09:00	3080	Female Age Group 20-24		Laura Coppen	
Olympic Distance	2	2	06:40	2103	Female Age Group 25-29		Chau Chiu Nam	周偕男
Olympic Distance	2	2	06:40	2104	Female Age Group 25-29		Jennison Tracey	
Olympic Distance	2	2	06:40	2105	Female Age Group 25-29		Smit Corinne	
Olympic Distance	2	2	06:40	2106	Female Age Group 25-29		BUTLER KATIE	
Olympic Distance	2	2	06:40	2107	Female Age Group 25-29		Bina Stephanie	
Olympic Distance	2	2	06:40	2108	Female Age Group 25-29		Lee Janice	李芷螢
Olympic Distance	2	2	06:40	2109	Female Age Group 25-29		Jentschura Eva	
Sprint Distance	2	8	09:00	3005	Female Age Group 25-29		Chan Hau Man	陳巧汶
Sprint Distance	2	8	09:00	3006	Female Age Group 25-29		Cosgrove Antje	
Sprint Distance	2	8	09:00	3007	Female Age Group 25-29		Hatherell Tracey	
Sprint Distance	2	8	09:00	3008	Female Age Group 25-29		Kossidis Alexandra	
Sprint Distance	2	8	09:00	3009	Female Age Group 25-29		Kwok Ching Yee	郭靜儀
Sprint Distance	2	8	09:00	3010	Female Age Group 25-29		Lau On Yue	
Sprint Distance	2	8	09:00	3011	Female Age Group 25-29		Liu Ting Ting	
Sprint Distance	2	8	09:00	3012	Female Age Group 25-29		Ou Lorraine	
Sprint Distance	2	8	09:00	3013	Female Age Group 25-29		Pannell Yu Miki	
Sprint Distance	2	8	09:00	3014	Female Age Group 25-29		CHOW PUI FAN	
Sprint Distance	2	8	09:00	3015	Female Age Group 25-29		Yuen Kwok Ting	
Sprint Distance	2	8	09:00	3016	Female Age Group 25-29		CHAN SUET YING	
Sprint Distance	2	8	09:00	3017	Female Age Group 25-29		Quek Evangeline	郭懿聆
Sprint Distance	2	8	09:00	3066	Female Age Group 25-29		Taylor Erin	
Sprint Distance	2	8	09:00	3067	Female Age Group 25-29		Steyn Karen	
Sprint Distance	2	8	09:00	3081	Female Age Group 25-29		Chung Vicky	鍾詠琪
Olympic Distance	2	2	06:40	2110	Female Age Group 30-34		Tong Carlay	湯嘉麗
Olympic Distance	2	2	06:40	2111	Female Age Group 30-34		Hui Ka Man	許家敏
Olympic Distance	2	2	06:40	2112	Female Age Group 30-34		Chapman Claire	
Olympic Distance	2	2	06:40	2113	Female Age Group 30-34		Rigg Nerida	
Olympic Distance	2	2	06:40	2114	Female Age Group 30-34		White Trilby	
Olympic Distance	2	2	06:40	2115	Female Age Group 30-34		White Trilby	
Olympic Distance	2	2	06:40	2116	Female Age Group 30-34		Liu Hoi-Yin	廖凱欣
Olympic Distance	2	2	06:40	2117	Female Age Group 30-34		Sit Debbie	
Olympic Distance	2	2	06:40	2118	Female Age Group 30-34		Watson Mandy	
Olympic Distance	2	2	06:40	2119	Female Age Group 30-34		Zhou Bei	
Olympic Distance	2	2	06:40	2120	Female Age Group 30-34		Bowland Erin	
Olympic Distance	2	2	06:40	2121	Female Age Group 30-34		Poon Man Fung	潘文鳳
Olympic Distance	2	2	06:40	2122	Female Age Group 30-34		KEOGH-PETERS	
Olympic Distance	2	2	06:40	2123	Female Age Group 30-34		Miki Busscher	

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Olympic Distance	2	2	06:40	2124	Female Age Group 30-34		Zhu Dandan	
Olympic Distance	2	2	06:40	2125	Female Age Group 30-34		PINATO MICHELLE	
Olympic Distance	2	2	06:40	2126	Female Age Group 30-34		Cheong Adelyn	張麗娟
Olympic Distance	2	2	06:40	2127	Female Age Group 30-34		Wong Suet Fan	王雪芬
Olympic Distance	2	2	06:40	2128	Female Age Group 30-34		Leung Shuk Kuen	梁淑娟
Olympic Distance	2	2	06:40	2129	Female Age Group 30-34		FELBABEL BJ	
Olympic Distance	2	2	06:40	2130	Female Age Group 30-34		Tyrrell Abigail Jean	
Olympic Distance	2	2	06:40	2131	Female Age Group 30-34		Seabrook Caroline	
Olympic Distance	2	2	06:40	2132	Female Age Group 30-34		Alexa Towersey Alexa	
Olympic Distance	2	2	06:40	2133	Female Age Group 30-34		Llorca Veronica	
Olympic Distance	2	2	06:40	2173	Female Age Group 30-34		Senn Nora	
Olympic Distance	2	2	06:40	2179	Female Age Group 30-34		LEE JI XI	蔡吉西
Sprint Distance	2	8	09:00	3018	Female Age Group 30-34		Fletcher Lucy	
Sprint Distance	2	8	09:00	3019	Female Age Group 30-34		Coombs Caroline	
Sprint Distance	2	8	09:00	3020	Female Age Group 30-34		Elena Batalla	
Sprint Distance	2	8	09:00	3021	Female Age Group 30-34		Hui Mo Yi	
Sprint Distance	2	8	09:00	3022	Female Age Group 30-34		Lam Ching Man	林靜雯
Sprint Distance	2	8	09:00	3023	Female Age Group 30-34		Liu Marie Xia	
Sprint Distance	2	8	09:00	3024	Female Age Group 30-34		YAM HOI SZE	任凱詩
Sprint Distance	2	8	09:00	3025	Female Age Group 30-34		Ling Kar Man	凌嘉敏
Sprint Distance	2	8	09:00	3026	Female Age Group 30-34		Wong Gi Wai	
Sprint Distance	2	8	09:00	3027	Female Age Group 30-34		Mak Teresa	麥翠珊
Sprint Distance	2	8	09:00	3028	Female Age Group 30-34		Leung Oi Sze Elsie	梁愛思
Sprint Distance	2	8	09:00	3029	Female Age Group 30-34		WONG HOI YAN	王海茵
Sprint Distance	2	8	09:00	3030	Female Age Group 30-34		Porteous Julie	
Sprint Distance	2	8	09:00	3031	Female Age Group 30-34		Miles Alanna Moira	
Sprint Distance	2	8	09:00	3032	Female Age Group 30-34		Davies Rachel Louise	
Sprint Distance	2	8	09:00	3068	Female Age Group 30-34		TSANG WING KEY	
Sprint Distance	2	8	09:00	3069	Female Age Group 30-34		Teh Su Mei	鄭淑媚
Sprint Distance	2	8	09:00	3070	Female Age Group 30-34		Hanley Debbie	
Sprint Distance	2	8	09:00	3071	Female Age Group 30-34		Yau Cecilia Mei See	
Sprint Distance	2	8	09:00	3082	Female Age Group 30-34		Lalime Crystal	
Sprint Distance	2	8	09:00	3083	Female Age Group 30-34		Tang Candy	
Sprint Distance	2	8	09:00	3084	Female Age Group 30-34		Stanton Julia	
Sprint Distance	2	8	09:00	3091	Female Age Group 30-34		LAM NGA YI, MOYO	
Olympic Distance	2	2	06:40	2134	Female Age Group 35-39		Jones Lisa	
Olympic Distance	2	2	06:40	2135	Female Age Group 35-39		Rutherford Kate	
Olympic Distance	2	2	06:40	2136	Female Age Group 35-39		Pope Victoria	
Olympic Distance	2	2	06:40	2137	Female Age Group 35-39		Waller Ciara	
Olympic Distance	2	2	06:40	2138	Female Age Group 35-39		Bruce Emma	
Olympic Distance	2	2	06:40	2139	Female Age Group 35-39		Dickson Rebecca	
Olympic Distance	2	2	06:40	2140	Female Age Group 35-39		LAM SIU YUNG	
Olympic Distance	2	2	06:40	2141	Female Age Group 35-39		Linsel Wencke	

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Olympic Distance	2	2	06:40	2142	Female Age Group 35-39		Macpherson Imee	
Olympic Distance	2	2	06:40	2143	Female Age Group 35-39		mccosh susie	
Olympic Distance	2	2	06:40	2144	Female Age Group 35-39		Sarah Wheeler	
Olympic Distance	2	2	06:40	2145	Female Age Group 35-39		Kynaston Rebecca	
Olympic Distance	2	2	06:40	2146	Female Age Group 35-39		Sercombe Vikki	
Olympic Distance	2	2	06:40	2147	Female Age Group 35-39		Eastman Alicia	
Olympic Distance	2	2	06:40	2148	Female Age Group 35-39		Cheung Ngarsze	張雅詩
Olympic Distance	2	2	06:40	2149	Female Age Group 35-39		Griffiths Jane	
Olympic Distance	2	2	06:40	2150	Female Age Group 35-39		Munk Annemarie	
Olympic Distance	2	2	06:40	2151	Female Age Group 35-39		DESSEIGNE	
Olympic Distance	2	2	06:40	2174	Female Age Group 35-39		Dyer Cordelia	
Olympic Distance	2	2	06:40	2175	Female Age Group 35-39		Hughes Caron	
Olympic Distance	2	2	06:40	2176	Female Age Group 35-39		Wong Grace	王思思
Olympic Distance	2	2	06:40	2181	Female Age Group 35-39		Jenno Josephine	
Sprint Distance	2	8	09:00	3033	Female Age Group 35-39		Alija Inma	
Sprint Distance	2	8	09:00	3034	Female Age Group 35-39		Chan Ling	
Sprint Distance	2	8	09:00	3035	Female Age Group 35-39		Fung Ophelia	
Sprint Distance	2	8	09:00	3036	Female Age Group 35-39		Lu Rihong	
Sprint Distance	2	8	09:00	3037	Female Age Group 35-39		McMahon Nicole	
Sprint Distance	2	8	09:00	3038	Female Age Group 35-39		Parker Nicole	
Sprint Distance	2	8	09:00	3039	Female Age Group 35-39		Sullivan Zoe	
Sprint Distance	2	8	09:00	3040	Female Age Group 35-39		Tong Nerissa	
Sprint Distance	2	8	09:00	3041	Female Age Group 35-39		Campuzano Susana	
Sprint Distance	2	8	09:00	3042	Female Age Group 35-39		IP PUI FAN MOMIE	葉佩芬
Sprint Distance	2	8	09:00	3043	Female Age Group 35-39		Chan Kwai Wah	陳桂華
Sprint Distance	2	8	09:00	3044	Female Age Group 35-39		LI CHI YAN	李智恩
Sprint Distance	2	8	09:00	3045	Female Age Group 35-39		Mazaraki Josephine	
Sprint Distance	2	8	09:00	3046	Female Age Group 35-39		Russo Niccola	
Sprint Distance	2	8	09:00	3047	Female Age Group 35-39		Leung Cecilia	梁立诗
Sprint Distance	2	8	09:00	3048	Female Age Group 35-39		Shammall Cindy	
Sprint Distance	2	8	09:00	3049	Female Age Group 35-39		Lee King Chui, Connie	李勁翠
Sprint Distance	2	8	09:00	3072	Female Age Group 35-39		Duncan Dana	
Sprint Distance	2	8	09:00	3073	Female Age Group 35-39		Holyoak Samantha	
Sprint Distance	2	8	09:00	3074	Female Age Group 35-39		Ferreira Pinto Luisa	
Sprint Distance	2	8	09:00	3075	Female Age Group 35-39		Wong Quen Yee	
Sprint Distance	2	8	09:00	3085	Female Age Group 35-39		Buck Jennifer	
Sprint Distance	2	8	09:00	3086	Female Age Group 35-39		Lo Grace	羅潔怡
Sprint Distance	2	8	09:00	3087	Female Age Group 35-39		Ho Kit Ying	何潔瑩
Sprint Distance	2	8	09:00	3092	Female Age Group 35-39		TAM PUI YI,	
Olympic Distance	2	2	06:40	2152	Female Age Group 40-44		Lui Shuk Han, Karen	呂淑嫻
Olympic Distance	2	2	06:40	2153	Female Age Group 40-44		Adorian Cairtin	
Olympic Distance	2	2	06:40	2154	Female Age Group 40-44		Harris Sarah	
Olympic Distance	2	2	06:40	2155	Female Age Group 40-44		Wo Shui Fan, Biebie	胡瑞芬

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Olympic Distance	2	2	06:40	2156	Female Age Group 40-44		Fairley Karen	
Olympic Distance	2	2	06:40	2157	Female Age Group 40-44		Rosemary Chan	陈煜晨
Olympic Distance	2	2	06:40	2158	Female Age Group 40-44		Nicolle Penny	
Olympic Distance	2	2	06:40	2159	Female Age Group 40-44		Roberts Petra	
Olympic Distance	2	2	06:40	2160	Female Age Group 40-44		Lee Christina	李頌儀
Olympic Distance	2	2	06:40	2177	Female Age Group 40-44		Stead Abigail	
Olympic Distance	2	2	06:40	2182	Female Age Group 40-44		Lai Peggy	
Olympic Distance	2	2	06:40	2183	Female Age Group 40-44		Ong Eu Lin Kathy	
Olympic Distance	2	2	06:40	2188	Female Age Group 40-44		Ng Fenella	
Sprint Distance	2	8	09:00	3050	Female Age Group 40-44		Brunner Adele	
Sprint Distance	2	8	09:00	3051	Female Age Group 40-44		Cheung Phoebe	
Sprint Distance	2	8	09:00	3052	Female Age Group 40-44		WONG SO FONG	黄素芳
Sprint Distance	2	8	09:00	3053	Female Age Group 40-44		JORDAN Michelle	
Sprint Distance	2	8	09:00	3054	Female Age Group 40-44		Li Pui Yi	李佩儀
Sprint Distance	2	8	09:00	3055	Female Age Group 40-44		Spanton Kate	
Sprint Distance	2	8	09:00	3056	Female Age Group 40-44		COOKE ALISON	
Sprint Distance	2	8	09:00	3057	Female Age Group 40-44		Ong Eu Lin Kathy	
Sprint Distance	2	8	09:00	3076	Female Age Group 40-44		LUI YU PIK KITTY	
Sprint Distance	2	8	09:00	3077	Female Age Group 40-44		Grafton Rachael	
Sprint Distance	2	8	09:00	3078	Female Age Group 40-44		Knoop-Burggraaf	
Sprint Distance	2	8	09:00	3079	Female Age Group 40-44		Fernandes Martins	
Sprint Distance	2	8	09:00	3088	Female Age Group 40-44		TAI LAI CHUN	戴麗珍
Sprint Distance	2	8	09:00	3093	Female Age Group 40-44		KEIR THUBRON	
Sprint Distance	2	8	09:00	3094	Female Age Group 40-44		Ng Fenella	
Olympic Distance	2	2	06:40	2161	Female Age Group 45-49		Harris Jane	
Olympic Distance	2	2	06:40	2162	Female Age Group 45-49		Walsh Laura	
Olympic Distance	2	2	06:40	2163	Female Age Group 45-49		Chau Gloria Chai Hiu	
Olympic Distance	2	2	06:40	2164	Female Age Group 45-49		Claire Darke	
Olympic Distance	2	2	06:40	2165	Female Age Group 45-49		WONG YUEN MEI	
Olympic Distance	2	2	06:40	2166	Female Age Group 45-49		TAM YUEN HUNG	譚婉紅
Olympic Distance	2	2	06:40	2167	Female Age Group 45-49		DELARIVA	
Olympic Distance	2	2	06:40	2168	Female Age Group 45-49		Abate Sian	
Olympic Distance	2	2	06:40	2169	Female Age Group 45-49		Le Clue Sophie	
Olympic Distance	2	2	06:40	2170	Female Age Group 45-49		Harris Tania	
Olympic Distance	2	2	06:40	2184	Female Age Group 45-49		LI Titania Ka Wing	李嘉榮
Olympic Distance	2	2	06:40	2185	Female Age Group 45-49		Coen fernandez	
Olympic Distance	2	2	06:40	2189	Female Age Group 45-49		Brown Georgia	
Sprint Distance	2	8	09:00	3058	Female Age Group 45-49		Cheung Yuk Bing	張玉冰
Sprint Distance	2	8	09:00	3059	Female Age Group 45-49		CHAN KAM LAN	
Sprint Distance	2	8	09:00	3060	Female Age Group 45-49		Lin Joanna	
Sprint Distance	2	8	09:00	3061	Female Age Group 45-49		TUNG Ting fong	董婷芳
Sprint Distance	2	8	09:00	3062	Female Age Group 45-49		SY Janet	薛美莉
Sprint Distance	2	8	09:00	3089	Female Age Group 45-49		CHAN SIU YUK	陳肖玉
Sprint Distance	2	8	09:00	3090	Female Age Group 45-49		Harris Tania	

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Olympic Distance	2	2	06:40	2171	Female Age Group 50-54		Lange Christiane	
Olympic Distance	2	2	06:40	2178	Female Age Group 50-54		Anne Knecht-Boyer	
Sprint Distance	2	8	09:00	3063	Female Age Group 50-54		Mui Kit Mei	
Sprint Distance	2	8	09:00	3064	Female Age Group 50-54		Lam Ho Sally Suk Ping	林何淑萍
Olympic Distance	2	2	06:40	2172	Female Age Group 55 & Over		Leitao Ana	
Olympic Distance	2	2	06:40	2186	Female Age Group 55 & Over		FONG CHOI YING,	
Sprint Distance	2	8	09:00	3065	Female Age Group 55 & Over		WONG AMY	王雪芳
Sprint Distance	2	10	09:40	3300	Male Age Group 16 - 19		HO CHUN	何晉
Sprint Distance	2	10	09:40	3301	Male Age Group 16 - 19		Leung Tsz Chun	梁梓俊
Sprint Distance	2	10	09:40	3302	Male Age Group 16 - 19		NG KA LOK, JASON	吳迦諾
Sprint Distance	2	10	09:40	3303	Male Age Group 16 - 19		WONG WAI TUNG	黃煒東
Sprint Distance	2	10	09:40	3304	Male Age Group 16 - 19		CHUNG TAI WAI	
Sprint Distance	2	10	09:40	3305	Male Age Group 16 - 19		Giard Guillaume	
Sprint Distance	2	10	09:40	3306	Male Age Group 16 - 19		WONG WAI CHUNG	
Sprint Distance	2	10	09:40	3307	Male Age Group 16 - 19		WU Kenneth Yee-lok	
Sprint Distance	2	10	09:40	3308	Male Age Group 16 - 19		Dreyfus Koo	
Sprint Distance	2	10	09:40	3309	Male Age Group 16 - 19		LAU Kwun Ki	
Sprint Distance	2	10	09:40	3310	Male Age Group 16 - 19		Mok Wai Lun	莫偉倫
Sprint Distance	2	10	09:40	3311	Male Age Group 16 - 19		Lau Long Fung	劉朗鋒
Sprint Distance	2	10	09:40	3312	Male Age Group 16 - 19		Wong Ho Kan	黃浩勤
Sprint Distance	2	10	09:40	3313	Male Age Group 16 - 19		Lui Hei Yeung	呂曦陽
Sprint Distance	2	10	09:40	3314	Male Age Group 16 - 19		Lo Man Lap	羅民立
Sprint Distance	2	10	09:40	3315	Male Age Group 16 - 19		Chu King Long	朱璟朗
Sprint Distance	2	10	09:40	3418	Male Age Group 16 - 19		KWOK CHIN CHING	郭展程
Sprint Distance	2	10	09:40	3419	Male Age Group 16 - 19		Yu Kin Hei	余建熹
Sprint Distance	2	10	09:40	3440	Male Age Group 16 - 19		Koo Nicholas	
Olympic Distance	2	7	08:20	2800	Male Age Group 20-24		Leung Ka Lun	梁嘉倫
Olympic Distance	2	7	08:20	2801	Male Age Group 20-24		Hui Ka Cheong	許家鏘
Olympic Distance	2	7	08:20	2802	Male Age Group 20-24		Choi Sze Kam	蔡詩鑫
Olympic Distance	2	7	08:20	2803	Male Age Group 20-24		Huang Zihao	黃紫顥
Olympic Distance	2	7	08:20	2804	Male Age Group 20-24		YIP Pak Kwan	葉伯鈞
Olympic Distance	2	7	08:20	2805	Male Age Group 20-24		Lau Chun Ngai	劉俊毅
Olympic Distance	2	7	08:20	2806	Male Age Group 20-24		KWOK YAN WING,	郭恩榮
Olympic Distance	2	7	08:20	2807	Male Age Group 20-24		Welburn Phillip	
Olympic Distance	2	7	08:20	2818	Male Age Group 20-24		Ku Lap Chou	古立進
Olympic Distance	2	7	08:20	2848	Male Age Group 20-24		Chan Hing Kui, KK	
Olympic Distance	2	7	08:20	2849	Male Age Group 20-24		Blervaque Thomas	托馬斯
Olympic Distance	2	7	08:20	2859	Male Age Group 20-24		Tam Yau Yan	譚祐恩
Sprint Distance	2	10	09:40	3316	Male Age Group 20-24		Yiu Kwok Keung	
Sprint Distance	2	10	09:40	3317	Male Age Group 20-24		Ho Chung	何沖
Sprint Distance	2	10	09:40	3318	Male Age Group 20-24		LO NING YAN	盧寧恩
Sprint Distance	2	10	09:40	3319	Male Age Group 20-24		CHOW CHUN HEI	
Sprint Distance	2	10	09:40	3320	Male Age Group 20-24		CHUNG CHO YIU	鍾祖耀

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Sprint Distance	2	10	09:40	3321	Male Age Group 20-24		Fung Ka Ming	馮嘉明
Sprint Distance	2	10	09:40	3322	Male Age Group 20-24		Jarett Goldman	高嘉瑞
Sprint Distance	2	10	09:40	3323	Male Age Group 20-24		LAU TING CHEUNG	
Sprint Distance	2	10	09:40	3324	Male Age Group 20-24		Allen Lee	
Sprint Distance	2	10	09:40	3325	Male Age Group 20-24		Lui Siu Ting	
Sprint Distance	2	10	09:40	3326	Male Age Group 20-24		Wong Chi Yip	
Sprint Distance	2	10	09:40	3327	Male Age Group 20-24		YIP CHI CHUEN	
Sprint Distance	2	10	09:40	3328	Male Age Group 20-24		Fok Chi Kong	霍志慷
Sprint Distance	2	10	09:40	3329	Male Age Group 20-24		WONG WAI HO	
Sprint Distance	2	10	09:40	3330	Male Age Group 20-24		Yuen Kwong Lung	袁廣隆
Sprint Distance	2	10	09:40	3331	Male Age Group 20-24		Tung Kak	董格
Sprint Distance	2	10	09:40	3332	Male Age Group 20-24		WONG YAT WING	黃逸榮
Sprint Distance	2	10	09:40	3333	Male Age Group 20-24		Wong Ho Him	黃浩謙
Sprint Distance	2	10	09:40	3334	Male Age Group 20-24		Yau Kwun San	邱冠燊
Sprint Distance	2	10	09:40	3420	Male Age Group 20-24		HO CHUN WAN	何駿昀
Sprint Distance	2	10	09:40	3421	Male Age Group 20-24		CHAN CHIN LUNG	
Sprint Distance	2	10	09:40	3422	Male Age Group 20-24		Cheung Thomas YF	張耀升
Olympic Distance	2	7	08:20	2808	Male Age Group 25-29		Lui Kim Lun Gary	呂劍倫
Olympic Distance	2	7	08:20	2809	Male Age Group 25-29		Lam Tsz Wai	林梓維
Olympic Distance	2	7	08:20	2810	Male Age Group 25-29		Leung Yau Tim	梁友添
Olympic Distance	2	7	08:20	2811	Male Age Group 25-29		Smith David	
Olympic Distance	2	7	08:20	2812	Male Age Group 25-29		CHAN Ho Wai Howard	陳灝璋
Olympic Distance	2	7	08:20	2813	Male Age Group 25-29		Cheng Yiu Ting	
Olympic Distance	2	7	08:20	2814	Male Age Group 25-29		Chong Chi Seak	鍾子石
Olympic Distance	2	7	08:20	2815	Male Age Group 25-29		Douglas Andrew	
Olympic Distance	2	7	08:20	2816	Male Age Group 25-29		Ferguson Mark	
Olympic Distance	2	7	08:20	2817	Male Age Group 25-29		GUO ZHIJUN	过智俊
Olympic Distance	2	7	08:20	2819	Male Age Group 25-29		Ku Lap In	古立賢
Olympic Distance	2	7	08:20	2820	Male Age Group 25-29		Lam Hiu Tin	林曉天
Olympic Distance	2	7	08:20	2821	Male Age Group 25-29		Lam Wai Ho, Vincent	
Olympic Distance	2	7	08:20	2822	Male Age Group 25-29		Särkinen Tommi	
Olympic Distance	2	7	08:20	2823	Male Age Group 25-29		Su Sheng	苏生
Olympic Distance	2	7	08:20	2824	Male Age Group 25-29		TONG YU FUNG	唐宇鋒
Olympic Distance	2	7	08:20	2825	Male Age Group 25-29		Wong Karlson	黃嘉信
Olympic Distance	2	7	08:20	2826	Male Age Group 25-29		Xiao Bin	肖斌
Olympic Distance	2	7	08:20	2827	Male Age Group 25-29		FONG CHUN WING	
Olympic Distance	2	7	08:20	2828	Male Age Group 25-29		YIM TAT YIP	嚴達業
Olympic Distance	2	7	08:20	2829	Male Age Group 25-29		Tsang Yin Ting	曾彥庭
Olympic Distance	2	7	08:20	2830	Male Age Group 25-29		Gourlay Ben	Ben
Olympic Distance	2	7	08:20	2831	Male Age Group 25-29		Chu Hing Cheung	朱興祥
Olympic Distance	2	7	08:20	2832	Male Age Group 25-29		Chau Chun Kit	周俊傑
Olympic Distance	2	7	08:20	2833	Male Age Group 25-29		CHAU Kin Lung	鄒健龍
Olympic Distance	2	7	08:20	2834	Male Age Group 25-29		Li Adrian	

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Olympic Distance	2	7	08:20	2835	Male Age Group 25-29		Boelen Marc	
Olympic Distance	2	7	08:20	2836	Male Age Group 25-29		TSANG CHUN KIT	曾進傑
Olympic Distance	2	7	08:20	2837	Male Age Group 25-29		Jia Jason	
Olympic Distance	2	7	08:20	2838	Male Age Group 25-29		Ho Ren Hua	何仁樺
Olympic Distance	2	7	08:20	2839	Male Age Group 25-29		Poon King Yip, Peter	潘競業
Olympic Distance	2	7	08:20	2840	Male Age Group 25-29		Lee Ning Kit	李寧傑
Olympic Distance	2	7	08:20	2841	Male Age Group 25-29		Maes Nicolas	
Olympic Distance	2	7	08:20	2842	Male Age Group 25-29		Ashworth Simon	
Olympic Distance	2	7	08:20	2843	Male Age Group 25-29		Liu Ying Wai Ryan	廖英偉
Olympic Distance	2	7	08:20	2844	Male Age Group 25-29		Holder Garth	何健華
Olympic Distance	2	7	08:20	2845	Male Age Group 25-29		Chan Man Ho	陳文灝
Olympic Distance	2	7	08:20	2846	Male Age Group 25-29		MART RAUDVEE	
Olympic Distance	2	7	08:20	2847	Male Age Group 25-29		Chau Kin Yuk	周鍵毓
Olympic Distance	2	7	08:20	2850	Male Age Group 25-29		MacLean Hunter	
Olympic Distance	2	7	08:20	2851	Male Age Group 25-29		jenkinson colin	
Olympic Distance	2	7	08:20	2852	Male Age Group 25-29		HALKES MICHAEL	
Olympic Distance	2	7	08:20	2853	Male Age Group 25-29		Wong Ka Shing	黃嘉成
Olympic Distance	2	7	08:20	2854	Male Age Group 25-29		man lok tin	萬樂天
Olympic Distance	2	7	08:20	2855	Male Age Group 25-29		NGAI HO SHUN	魏豪遜
Olympic Distance	2	7	08:20	2856	Male Age Group 25-29		Cho Kwan Yin	曹君彥
Olympic Distance	2	7	08:20	2857	Male Age Group 25-29		Bucek Michal	
Olympic Distance	2	7	08:20	2858	Male Age Group 25-29		Rana Joseph	
Sprint Distance	2	10	09:40	3335	Male Age Group 25-29		David TUTHILL	
Sprint Distance	2	10	09:40	3336	Male Age Group 25-29		Lai Chun Ming	賴振明
Sprint Distance	2	10	09:40	3337	Male Age Group 25-29		Au Vincent Che Tim	
Sprint Distance	2	10	09:40	3338	Male Age Group 25-29		CHAN KA HANG	陳嘉衡
Sprint Distance	2	10	09:40	3339	Male Age Group 25-29		HE JIAHAO	
Sprint Distance	2	10	09:40	3340	Male Age Group 25-29		Leong Jonathan	
Sprint Distance	2	10	09:40	3341	Male Age Group 25-29		LI QUANWEI	
Sprint Distance	2	10	09:40	3342	Male Age Group 25-29		Li Ying	李莹
Sprint Distance	2	10	09:40	3343	Male Age Group 25-29		Tsang Pak Kei	曾柏基
Sprint Distance	2	10	09:40	3344	Male Age Group 25-29		Tsui Chi-chung	徐志聰
Sprint Distance	2	10	09:40	3345	Male Age Group 25-29		Wong Ka Ki	黃家祺
Sprint Distance	2	10	09:40	3346	Male Age Group 25-29		Wong Sui Hang	黃遂恒
Sprint Distance	2	10	09:40	3347	Male Age Group 25-29		WU CHUN YU	胡震宇
Sprint Distance	2	10	09:40	3348	Male Age Group 25-29		Kenneth Cheung	
Sprint Distance	2	10	09:40	3349	Male Age Group 25-29		Choi Pui Nang	蔡沛能
Sprint Distance	2	10	09:40	3350	Male Age Group 25-29		Lee Chiu Ho	李釗毫
Sprint Distance	2	10	09:40	3351	Male Age Group 25-29		Li Ka Yip	李嘉業
Sprint Distance	2	10	09:40	3352	Male Age Group 25-29		Liu Kar Ho	
Sprint Distance	2	10	09:40	3353	Male Age Group 25-29		Benoit Paul Raymond	容培諾
Sprint Distance	2	10	09:40	3354	Male Age Group 25-29		Chan Ying Ming	陳英銘
Sprint Distance	2	10	09:40	3355	Male Age Group 25-29		Wong Chin Hang	黃展恒

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Sprint Distance	2	10	09:40	3356	Male Age Group 25-29		Lai Chi Ho, Marco	黎志豪
Sprint Distance	2	10	09:40	3423	Male Age Group 25-29		FOOK KAI LEE	
Sprint Distance	2	10	09:40	3424	Male Age Group 25-29		LEE WING FUNG	
Sprint Distance	2	10	09:40	3425	Male Age Group 25-29		hon kwun chung	韓冠鐘
Sprint Distance	2	10	09:40	3426	Male Age Group 25-29		LAU SHEUNG FOON,	
Sprint Distance	2	10	09:40	3427	Male Age Group 25-29		LEUNG HO MAN	
Sprint Distance	2	10	09:40	3441	Male Age Group 25-29		Hoare Charles	
Sprint Distance	2	10	09:40	3442	Male Age Group 25-29		NOGUERO KWIK	
Sprint Distance	2	10	09:40	3443	Male Age Group 25-29		Hooper Scott	
Sprint Distance	2	10	09:40	3444	Male Age Group 25-29		CHAN KEITH	陳展基
Sprint Distance	2	10	09:40	3445	Male Age Group 25-29		Brac Arnault	
Sprint Distance	2	10	09:40	3446	Male Age Group 25-29		Ng Yin Man	吳彥文
Sprint Distance	2	10	09:40	3447	Male Age Group 25-29		Bohnacker Ciaran	
Sprint Distance	2	10	09:40	3448	Male Age Group 25-29		Cheng Heung Wing	鄭向榮
Sprint Distance	2	10	09:40	3463	Male Age Group 25-29		KO MAN FAI	高文輝
Olympic Distance	2	6	08:00	2650	Male Age Group 30-34		Fung Ka Fai	馮嘉輝
Olympic Distance	2	6	08:00	2651	Male Age Group 30-34		Li Chun Pong	李振邦
Olympic Distance	2	6	08:00	2652	Male Age Group 30-34		Lee Yuk Tong	李玉堂
Olympic Distance	2	6	08:00	2653	Male Age Group 30-34		WONG KA MING	黃家明
Olympic Distance	2	6	08:00	2654	Male Age Group 30-34		HUI SZE YUEN	許思遠
Olympic Distance	2	6	08:00	2655	Male Age Group 30-34		Sak Kai Yau	石啓右
Olympic Distance	2	6	08:00	2656	Male Age Group 30-34		CHENG CHO CHUEN	鄭祖銓
Olympic Distance	2	6	08:00	2657	Male Age Group 30-34		White Trevor	
Olympic Distance	2	6	08:00	2658	Male Age Group 30-34		Chapman James	
Olympic Distance	2	6	08:00	2659	Male Age Group 30-34		BROWLEE JARRAD	
Olympic Distance	2	6	08:00	2660	Male Age Group 30-34		Collins Mark	
Olympic Distance	2	6	08:00	2661	Male Age Group 30-34		Wells Jason	
Olympic Distance	2	6	08:00	2662	Male Age Group 30-34		BARC JAREK	
Olympic Distance	2	6	08:00	2663	Male Age Group 30-34		Bridges Gareth	喬敦興
Olympic Distance	2	6	08:00	2664	Male Age Group 30-34		Chu Bond	朱銘邦
Olympic Distance	2	6	08:00	2665	Male Age Group 30-34		Cosgrove Edward	
Olympic Distance	2	6	08:00	2666	Male Age Group 30-34		Day Barry Matthew	
Olympic Distance	2	6	08:00	2667	Male Age Group 30-34		Glassock Lee	
Olympic Distance	2	6	08:00	2668	Male Age Group 30-34		Grenon Benjamin	
Olympic Distance	2	6	08:00	2669	Male Age Group 30-34		Ho Tsz Kin	何子健
Olympic Distance	2	6	08:00	2670	Male Age Group 30-34		LAU MING WAI	劉鳴煒
Olympic Distance	2	6	08:00	2671	Male Age Group 30-34		LEUNG YAT SING	梁日昇
Olympic Distance	2	6	08:00	2672	Male Age Group 30-34		LO KIM FONG	羅儉豐
Olympic Distance	2	6	08:00	2673	Male Age Group 30-34		McLeish Euan	
Olympic Distance	2	6	08:00	2674	Male Age Group 30-34		Morel Laurent	
Olympic Distance	2	6	08:00	2675	Male Age Group 30-34		Pattison Charles	
Olympic Distance	2	6	08:00	2676	Male Age Group 30-34		Saliba Mathew	
Olympic Distance	2	6	08:00	2677	Male Age Group 30-34		Tanaka Shunsuke	

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Olympic Distance	2	6	08:00	2678	Male Age Group 30-34		TOBIAS SMITH-	
Olympic Distance	2	6	08:00	2679	Male Age Group 30-34		TSANG Wai Man	曾偉文
Olympic Distance	2	6	08:00	2680	Male Age Group 30-34		Van der Heijden	
Olympic Distance	2	6	08:00	2681	Male Age Group 30-34		Wong Chi Hou	黃志濠
Olympic Distance	2	6	08:00	2682	Male Age Group 30-34		Woo Douglas	
Olympic Distance	2	6	08:00	2683	Male Age Group 30-34		Yen Shiau Sin	
Olympic Distance	2	6	08:00	2684	Male Age Group 30-34		Chan Chun Tak	陳俊德
Olympic Distance	2	6	08:00	2685	Male Age Group 30-34		CHIU WENG CHON	趙詠俊
Olympic Distance	2	6	08:00	2686	Male Age Group 30-34		Cho Eddie	曹秀榮
Olympic Distance	2	6	08:00	2687	Male Age Group 30-34		Choo Justin	
Olympic Distance	2	6	08:00	2688	Male Age Group 30-34		FRASIER JR JOSEPH	
Olympic Distance	2	6	08:00	2689	Male Age Group 30-34		Fung Chi Yeung	
Olympic Distance	2	6	08:00	2690	Male Age Group 30-34		Hirst Gareth	
Olympic Distance	2	6	08:00	2691	Male Age Group 30-34		Kibar Timur	
Olympic Distance	2	6	08:00	2692	Male Age Group 30-34		Leung Keating	
Olympic Distance	2	6	08:00	2693	Male Age Group 30-34		Leung Kin Yui	
Olympic Distance	2	6	08:00	2694	Male Age Group 30-34		Ngan Chiu Wik	顏昭域
Olympic Distance	2	6	08:00	2695	Male Age Group 30-34		Rake Jonathan	
Olympic Distance	2	6	08:00	2696	Male Age Group 30-34		TSANG SAI BUN	
Olympic Distance	2	6	08:00	2697	Male Age Group 30-34		TSE LOK WAI	謝樂威
Olympic Distance	2	6	08:00	2698	Male Age Group 30-34		Cheng Ching	
Olympic Distance	2	6	08:00	2699	Male Age Group 30-34		Hardman Thomas	tom
Olympic Distance	2	6	08:00	2700	Male Age Group 30-34		Ensminger-Law Ben	Ben Law
Olympic Distance	2	6	08:00	2701	Male Age Group 30-34		Tsang Chi Leung	曾志良
Olympic Distance	2	6	08:00	2702	Male Age Group 30-34		Leung Siu Fai	梁兆輝
Olympic Distance	2	6	08:00	2703	Male Age Group 30-34		Dailly Karl	
Olympic Distance	2	6	08:00	2704	Male Age Group 30-34		Chu Adrian	
Olympic Distance	2	6	08:00	2705	Male Age Group 30-34		vanderWalt Schalk	
Olympic Distance	2	6	08:00	2706	Male Age Group 30-34		Lepeu Julien	
Olympic Distance	2	6	08:00	2707	Male Age Group 30-34		Meens Lodewijk	
Olympic Distance	2	6	08:00	2708	Male Age Group 30-34		Hon Jack	韓浩祥
Olympic Distance	2	6	08:00	2709	Male Age Group 30-34		DURY MARK	
Olympic Distance	2	6	08:00	2710	Male Age Group 30-34		Chan Chin Hung	陳展雄
Olympic Distance	2	6	08:00	2711	Male Age Group 30-34		Yeung Ka Ming, Ivan	楊家明
Olympic Distance	2	6	08:00	2712	Male Age Group 30-34		Wong Lok Shun	黃諾信
Olympic Distance	2	6	08:00	2713	Male Age Group 30-34		Stoffel Sebastien	
Olympic Distance	2	6	08:00	2714	Male Age Group 30-34		Lau Gum Bong Gabriel	劉錦邦
Olympic Distance	2	6	08:00	2715	Male Age Group 30-34		NG KA LOK	吳家諾
Olympic Distance	2	6	08:00	2716	Male Age Group 30-34		SUN FAT YEE	辛法義
Olympic Distance	2	6	08:00	2717	Male Age Group 30-34		Lok Lam Fung	駱林鋒
Olympic Distance	2	6	08:00	2718	Male Age Group 30-34		LIAM COHEN RUHLE	
Olympic Distance	2	6	08:00	2719	Male Age Group 30-34		Dane Cantwell	
Olympic Distance	2	6	08:00	2720	Male Age Group 30-34		Trevino Berlanga	

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Olympic Distance	2	6	08:00	2721	Male Age Group 30-34		Piachaud James	
Olympic Distance	2	6	08:00	2722	Male Age Group 30-34		Shelley Dan	
Olympic Distance	2	6	08:00	2723	Male Age Group 30-34		Lai Marshall	黎錫豪
Olympic Distance	2	6	08:00	2724	Male Age Group 30-34		Chan Kit Bun, Erik	陳傑斌
Olympic Distance	2	6	08:00	2725	Male Age Group 30-34		Whitman James	
Olympic Distance	2	6	08:00	2726	Male Age Group 30-34		Ameen Ramadan	張愛民
Olympic Distance	2	6	08:00	2727	Male Age Group 30-34		Knebel Jess	
Olympic Distance	2	6	08:00	2728	Male Age Group 30-34		Cunningham James	
Olympic Distance	2	6	08:00	2729	Male Age Group 30-34		Aramburu Ernesto	
Olympic Distance	2	6	08:00	2730	Male Age Group 30-34		stevens anthony	
Olympic Distance	2	6	08:00	2731	Male Age Group 30-34		Buchanan James	
Olympic Distance	2	6	08:00	2732	Male Age Group 30-34		Horton Neil	
Olympic Distance	2	6	08:00	2733	Male Age Group 30-34		Ford Leonard	
Olympic Distance	2	6	08:00	2734	Male Age Group 30-34		Mikula Pavel	
Olympic Distance	2	6	08:00	2735	Male Age Group 30-34		Chiam Choon Wei,	詹尊瑋
Olympic Distance	2	6	08:00	2736	Male Age Group 30-34		Tiu Gary	刁家駿
Olympic Distance	2	6	08:00	2737	Male Age Group 30-34		WU PAI HONG	
Olympic Distance	2	6	08:00	2738	Male Age Group 30-34		CHUI KEN	徐紹基
Sprint Distance	2	10	09:40	3357	Male Age Group 30-34		YICK MAN LUNG	易敏龍
Sprint Distance	2	10	09:40	3358	Male Age Group 30-34		Lau Tak Hung	柳德鴻
Sprint Distance	2	10	09:40	3359	Male Age Group 30-34		Derek Wong	黃秉康
Sprint Distance	2	10	09:40	3360	Male Age Group 30-34		Chim Kwok On	詹國安
Sprint Distance	2	10	09:40	3361	Male Age Group 30-34		Ho Tung Yin	何東賢
Sprint Distance	2	10	09:40	3362	Male Age Group 30-34		Stuart Elliott	
Sprint Distance	2	10	09:40	3363	Male Age Group 30-34		Andy Luk	陸智恒
Sprint Distance	2	10	09:40	3364	Male Age Group 30-34		Chris Barton	
Sprint Distance	2	10	09:40	3365	Male Age Group 30-34		Joan Bruges	
Sprint Distance	2	10	09:40	3366	Male Age Group 30-34		CHAN FUK HONG	
Sprint Distance	2	10	09:40	3367	Male Age Group 30-34		Chan Ming Kin	陳銘健
Sprint Distance	2	10	09:40	3368	Male Age Group 30-34		Chan Tat Cheung	陳達祥
Sprint Distance	2	10	09:40	3369	Male Age Group 30-34		Cheung Waai Leong	
Sprint Distance	2	10	09:40	3370	Male Age Group 30-34		Fung Chi Man	馮志文
Sprint Distance	2	10	09:40	3371	Male Age Group 30-34		RYAN GONSALVES	
Sprint Distance	2	10	09:40	3372	Male Age Group 30-34		Justin Grayer	N/A
Sprint Distance	2	10	09:40	3373	Male Age Group 30-34		HO HOK MAN	何學文
Sprint Distance	2	10	09:40	3374	Male Age Group 30-34		Lau Wing Hang Vince	
Sprint Distance	2	10	09:40	3375	Male Age Group 30-34		LEE CHI HO	
Sprint Distance	2	10	09:40	3376	Male Age Group 30-34		Leung Tik Sang	梁迪生
Sprint Distance	2	10	09:40	3377	Male Age Group 30-34		Liu Zandrew	
Sprint Distance	2	10	09:40	3378	Male Age Group 30-34		Lo Joseph Shing Kai	羅承佳
Sprint Distance	2	10	09:40	3379	Male Age Group 30-34		Ken Lo	
Sprint Distance	2	10	09:40	3380	Male Age Group 30-34		Leon Lobo	
Sprint Distance	2	10	09:40	3381	Male Age Group 30-34		BILLAL NAVEED	

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Sprint Distance	2	10	09:40	3382	Male Age Group 30-34		Ng Shu Fai	吳樹輝
Sprint Distance	2	10	09:40	3383	Male Age Group 30-34		Poon Tung Shan	潘動山
Sprint Distance	2	10	09:40	3384	Male Age Group 30-34		Sam Sandiford	
Sprint Distance	2	10	09:40	3385	Male Age Group 30-34		Tan Choon Lang	
Sprint Distance	2	10	09:40	3386	Male Age Group 30-34		Jason Tan	
Sprint Distance	2	10	09:40	3387	Male Age Group 30-34		Adam Tejpaal	
Sprint Distance	2	10	09:40	3388	Male Age Group 30-34		Wan Chi Kin	
Sprint Distance	2	10	09:40	3389	Male Age Group 30-34		Wang Austin Jesse	汪浩然
Sprint Distance	2	10	09:40	3390	Male Age Group 30-34		Wat Kin Chiu	屈健釗
Sprint Distance	2	10	09:40	3391	Male Age Group 30-34		Benz Wong	黃治平
Sprint Distance	2	10	09:40	3392	Male Age Group 30-34		Dennis Wong	
Sprint Distance	2	10	09:40	3393	Male Age Group 30-34		WOO WAI KIT	胡偉傑
Sprint Distance	2	10	09:40	3394	Male Age Group 30-34		Keith Yeung	
Sprint Distance	2	10	09:40	3395	Male Age Group 30-34		Chan Wai Man	
Sprint Distance	2	10	09:40	3396	Male Age Group 30-34		Chan Woon Yew	曾煥耀
Sprint Distance	2	10	09:40	3397	Male Age Group 30-34		Chow Sai Kit	周世傑
Sprint Distance	2	10	09:40	3398	Male Age Group 30-34		Tom Gaffney	
Sprint Distance	2	10	09:40	3399	Male Age Group 30-34		Daniel Little	
Sprint Distance	2	10	09:40	3400	Male Age Group 30-34		TONG WAI MAN	湯偉文
Sprint Distance	2	10	09:40	3401	Male Age Group 30-34		Yiu Ka-Lun	姚家倫
Sprint Distance	2	10	09:40	3402	Male Age Group 30-34		Yu wing hang	余永恆
Sprint Distance	2	10	09:40	3403	Male Age Group 30-34		YUEN KOK SANG	阮覺生
Sprint Distance	2	10	09:40	3404	Male Age Group 30-34		LEUNG KA YI	梁家怡
Sprint Distance	2	10	09:40	3405	Male Age Group 30-34		Ng Kar Fai	吳家暉
Sprint Distance	2	10	09:40	3406	Male Age Group 30-34		Chan Wing Kit	陳穎傑
Sprint Distance	2	10	09:40	3407	Male Age Group 30-34		CHENG YING KIT	鄭英傑
Sprint Distance	2	10	09:40	3408	Male Age Group 30-34		Lau kwok chung	劉國忠
Sprint Distance	2	10	09:40	3409	Male Age Group 30-34		Yip Chun Kit	葉俊傑
Sprint Distance	2	10	09:40	3410	Male Age Group 30-34		Hui Chun Yu, Charles	
Sprint Distance	2	10	09:40	3411	Male Age Group 30-34		Fai Ming Hoi, LEO	費明海
Sprint Distance	2	10	09:40	3412	Male Age Group 30-34		HO CHI HONG	何志康
Sprint Distance	2	10	09:40	3413	Male Age Group 30-34		Mak Chi Chung	麥志聰
Sprint Distance	2	10	09:40	3414	Male Age Group 30-34		Wong Tak Kai	黃德楷
Sprint Distance	2	10	09:40	3415	Male Age Group 30-34		Wong Sing Wah, Eric	黃星華
Sprint Distance	2	10	09:40	3416	Male Age Group 30-34		ASHLEY JAMES	
Sprint Distance	2	10	09:40	3417	Male Age Group 30-34		WONG KIN CHUNG	黃建中
Sprint Distance	2	10	09:40	3428	Male Age Group 30-34		RUIZ DE GAUNA ITZA	
Sprint Distance	2	10	09:40	3429	Male Age Group 30-34		poon chun keung	潘振強
Sprint Distance	2	10	09:40	3430	Male Age Group 30-34		CHEN Terry	
Sprint Distance	2	10	09:40	3431	Male Age Group 30-34		Santos Gabriel Jose	
Sprint Distance	2	10	09:40	3432	Male Age Group 30-34		Girvan Adam	Adam
Sprint Distance	2	10	09:40	3433	Male Age Group 30-34		Lam Wai Hang	林偉恆
Sprint Distance	2	10	09:40	3434	Male Age Group 30-34		Law Wai Kei	

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Sprint Distance	2	10	09:40	3435	Male Age Group 30-34		Lam Ka Shun	
Sprint Distance	2	10	09:40	3436	Male Age Group 30-34		IP WAI MAN	葉偉文
Sprint Distance	2	10	09:40	3437	Male Age Group 30-34		Beattie Craig	
Sprint Distance	2	10	09:40	3438	Male Age Group 30-34		Preston Haslam	
Sprint Distance	2	10	09:40	3439	Male Age Group 30-34		Tsang Chong Ki	曾創奇
Sprint Distance	2	10	09:40	3449	Male Age Group 30-34		Coloma Jon	
Sprint Distance	2	10	09:40	3450	Male Age Group 30-34		Hartrick Douglas	
Sprint Distance	2	10	09:40	3451	Male Age Group 30-34		Mak Wai Lun	麥偉倫
Sprint Distance	2	10	09:40	3452	Male Age Group 30-34		lai tak chiu	
Sprint Distance	2	10	09:40	3453	Male Age Group 30-34		leung man fung	梁文峰
Sprint Distance	2	10	09:40	3454	Male Age Group 30-34		Liu Yau Ivan	廖山河
Sprint Distance	2	10	09:40	3455	Male Age Group 30-34		cheung ho yin	張浩賢
Sprint Distance	2	10	09:40	3456	Male Age Group 30-34		tong chi chung	唐賜聰
Sprint Distance	2	10	09:40	3457	Male Age Group 30-34		Cheuk Chun Kit	卓俊傑
Sprint Distance	2	10	09:40	3458	Male Age Group 30-34		VELASCO MARC	
Sprint Distance	2	10	09:40	3459	Male Age Group 30-34		acar capan	
Sprint Distance	2	10	09:40	3460	Male Age Group 30-34		TSE TIN CHEE	謝天賜
Sprint Distance	2	10	09:40	3461	Male Age Group 30-34		Lui Wan Man	呂允文
Sprint Distance	2	10	09:40	3462	Male Age Group 30-34		SO KA SHUN	蘇家順
Olympic Distance	2	5	07:40	2500	Male Age Group 35-39		Wan Tin Lap	溫天立
Olympic Distance	2	5	07:40	2501	Male Age Group 35-39		Wong Chung Man	黃仲文
Olympic Distance	2	5	07:40	2502	Male Age Group 35-39		Lee Ming Yeung	李銘揚
Olympic Distance	2	5	07:40	2503	Male Age Group 35-39		Wong Hon Wei	黃漢威
Olympic Distance	2	5	07:40	2504	Male Age Group 35-39		Chu Kwok Leung	朱國亮
Olympic Distance	2	5	07:40	2505	Male Age Group 35-39		Man Ka Kee	文家祺
Olympic Distance	2	5	07:40	2506	Male Age Group 35-39		Wong Andy	黃國駿
Olympic Distance	2	5	07:40	2507	Male Age Group 35-39		Derrick Simon	
Olympic Distance	2	5	07:40	2508	Male Age Group 35-39		Willmott Steve	
Olympic Distance	2	5	07:40	2509	Male Age Group 35-39		Gething David	
Olympic Distance	2	5	07:40	2510	Male Age Group 35-39		Hall Richard	
Olympic Distance	2	5	07:40	2511	Male Age Group 35-39		DePree Oliver Harry	
Olympic Distance	2	5	07:40	2512	Male Age Group 35-39		Fletcher Luke	
Olympic Distance	2	5	07:40	2513	Male Age Group 35-39		Cheung Wen Ping	張穩平
Olympic Distance	2	5	07:40	2514	Male Age Group 35-39		GARCIA XAVIER	
Olympic Distance	2	5	07:40	2515	Male Age Group 35-39		Rigg Graeme	
Olympic Distance	2	5	07:40	2516	Male Age Group 35-39		McFee Daniel	麥朝輝
Olympic Distance	2	5	07:40	2517	Male Age Group 35-39		d"Arcy Paul	
Olympic Distance	2	5	07:40	2518	Male Age Group 35-39		Martin Paul	
Olympic Distance	2	5	07:40	2519	Male Age Group 35-39		Boothe Brandon	
Olympic Distance	2	5	07:40	2520	Male Age Group 35-39		Bruce Thorsten	
Olympic Distance	2	5	07:40	2521	Male Age Group 35-39		Gagliardi Carlos	
Olympic Distance	2	5	07:40	2522	Male Age Group 35-39		Glossoti Mark	
Olympic Distance	2	5	07:40	2523	Male Age Group 35-39		Hamilton Reid	

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Olympic Distance	2	5	07:40	2524	Male Age Group 35-39		Han Ji Chian	
Olympic Distance	2	5	07:40	2525	Male Age Group 35-39		Kawakita Tad	
Olympic Distance	2	5	07:40	2526	Male Age Group 35-39		LaBelle Joel	
Olympic Distance	2	5	07:40	2527	Male Age Group 35-39		Lambriks Robbert	
Olympic Distance	2	5	07:40	2528	Male Age Group 35-39		Lee Chun Fan	
Olympic Distance	2	5	07:40	2529	Male Age Group 35-39		Lei Kuok Hong	李國雄
Olympic Distance	2	5	07:40	2530	Male Age Group 35-39		Meyers Justin	
Olympic Distance	2	5	07:40	2531	Male Age Group 35-39		NG Yun Lung	伍潤龍
Olympic Distance	2	5	07:40	2532	Male Age Group 35-39		Picazo Paolo	
Olympic Distance	2	5	07:40	2533	Male Age Group 35-39		Polidano Dan	
Olympic Distance	2	5	07:40	2534	Male Age Group 35-39		Rowland Phil	
Olympic Distance	2	5	07:40	2535	Male Age Group 35-39		SLACK NATHAN	
Olympic Distance	2	5	07:40	2536	Male Age Group 35-39		Thirlwall Oliver	
Olympic Distance	2	5	07:40	2537	Male Age Group 35-39		Wong Joseph	王声禾
Olympic Distance	2	5	07:40	2538	Male Age Group 35-39		Wong Kin Wah	黃健華
Olympic Distance	2	5	07:40	2539	Male Age Group 35-39		Yip Timothy	
Olympic Distance	2	5	07:40	2540	Male Age Group 35-39		Zhong Huiyu	钟辉宇
Olympic Distance	2	5	07:40	2541	Male Age Group 35-39		Barton Richard	
Olympic Distance	2	5	07:40	2542	Male Age Group 35-39		Braems Bernhard Paul	
Olympic Distance	2	5	07:40	2543	Male Age Group 35-39		chen yufeng	陈宇峰
Olympic Distance	2	5	07:40	2544	Male Age Group 35-39		Cruikshanks Stuart	
Olympic Distance	2	5	07:40	2545	Male Age Group 35-39		Fung Ronald Chi Pun	
Olympic Distance	2	5	07:40	2546	Male Age Group 35-39		Gaylard Oliver	
Olympic Distance	2	5	07:40	2547	Male Age Group 35-39		Hughes Sebastian	
Olympic Distance	2	5	07:40	2548	Male Age Group 35-39		Jelfs Patrick	
Olympic Distance	2	5	07:40	2549	Male Age Group 35-39		Lueddecke Mark	
Olympic Distance	2	5	07:40	2550	Male Age Group 35-39		Ng Ka-Lai	伍家禮
Olympic Distance	2	5	07:40	2551	Male Age Group 35-39		Ramirez Quintanilla	
Olympic Distance	2	5	07:40	2552	Male Age Group 35-39		Southall Luke	
Olympic Distance	2	5	07:40	2553	Male Age Group 35-39		Sun Cho kan	辛祖勤
Olympic Distance	2	5	07:40	2554	Male Age Group 35-39		Tan Thomas	
Olympic Distance	2	5	07:40	2555	Male Age Group 35-39		Yeung Chi Yat	
Olympic Distance	2	5	07:40	2556	Male Age Group 35-39		Chum Tik Ho	覃迪豪
Olympic Distance	2	5	07:40	2557	Male Age Group 35-39		Dale Andrew	
Olympic Distance	2	5	07:40	2558	Male Age Group 35-39		Cheung Wai Kei	張偉基
Olympic Distance	2	5	07:40	2559	Male Age Group 35-39		Arthur Randall	
Olympic Distance	2	5	07:40	2560	Male Age Group 35-39		Masin Federico	
Olympic Distance	2	5	07:40	2561	Male Age Group 35-39		Hoogerwerf Martijn	
Olympic Distance	2	5	07:40	2562	Male Age Group 35-39		Mak James	
Olympic Distance	2	5	07:40	2563	Male Age Group 35-39		Donne Jonathan	
Olympic Distance	2	5	07:40	2564	Male Age Group 35-39		Bremner Murray	
Olympic Distance	2	5	07:40	2565	Male Age Group 35-39		Hrycyk Jason	
Olympic Distance	2	5	07:40	2566	Male Age Group 35-39		Hric Juraj	

2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Olympic Distance	2	5	07:40	2567	Male Age Group 35-39		Mark te Riele Mark	
Olympic Distance	2	5	07:40	2568	Male Age Group 35-39		Kind Anders	
Olympic Distance	2	5	07:40	2569	Male Age Group 35-39		Richard Casey	
Olympic Distance	2	5	07:40	2570	Male Age Group 35-39		CHUNG Hyun Chang	
Olympic Distance	2	5	07:40	2571	Male Age Group 35-39		Chan Pak Wing, Tim	陳柏榮
Olympic Distance	2	5	07:40	2572	Male Age Group 35-39		Leong Clinton	
Olympic Distance	2	5	07:40	2573	Male Age Group 35-39		DAVISON STEPHEN	
Olympic Distance	2	5	07:40	2574	Male Age Group 35-39		Leung Ching Fai	梁正輝
Olympic Distance	2	5	07:40	2575	Male Age Group 35-39		Gray Simon	
Olympic Distance	2	5	07:40	2576	Male Age Group 35-39		KWOK CHUN HONG	郭俊航
Olympic Distance	2	5	07:40	2577	Male Age Group 35-39		Mak Cheuk Man Jacky	麥卓民
Olympic Distance	2	5	07:40	2578	Male Age Group 35-39		Beaujean Frederic	
Olympic Distance	2	5	07:40	2579	Male Age Group 35-39		Su Aki	蘇鵬飛
Olympic Distance	2	5	07:40	2580	Male Age Group 35-39		Lee Tak Ling George	李德霖
Olympic Distance	2	5	07:40	2581	Male Age Group 35-39		Ng Wai Chi Daniel	
Olympic Distance	2	5	07:40	2582	Male Age Group 35-39		Yuen Kenneth	
Olympic Distance	2	5	07:40	2583	Male Age Group 35-39		Wong Siu Yuen	黃兆元
Olympic Distance	2	5	07:40	2584	Male Age Group 35-39		Tsang Hin Lap	曾憲立
Olympic Distance	2	5	07:40	2585	Male Age Group 35-39		YUNG Leong Sang	容量生
Olympic Distance	2	5	07:40	2586	Male Age Group 35-39		Ho Chi Hung	何志雄
Olympic Distance	2	5	07:40	2587	Male Age Group 35-39		Wong Yat Leung,	黃一樑
Olympic Distance	2	5	07:40	2588	Male Age Group 35-39		TANG ANDY	鄧智勇
Olympic Distance	2	5	07:40	2589	Male Age Group 35-39		Roberts Jamie	
Olympic Distance	2	5	07:40	2590	Male Age Group 35-39		Liew Arthur	
Olympic Distance	2	5	07:40	2591	Male Age Group 35-39		Pesci John	
Olympic Distance	2	5	07:40	2592	Male Age Group 35-39		ADAMS STEPHEN	
Olympic Distance	2	5	07:40	2593	Male Age Group 35-39		Averill Peter	
Olympic Distance	2	5	07:40	2594	Male Age Group 35-39		Sun Eugene	孫群
Olympic Distance	2	5	07:40	2595	Male Age Group 35-39		Oschetti Andrea	
Olympic Distance	2	5	07:40	2596	Male Age Group 35-39		Parker Douglas	
Olympic Distance	2	5	07:40	2597	Male Age Group 35-39		KOLB ALEXANDER	
Olympic Distance	2	5	07:40	2598	Male Age Group 35-39		DALLY CRAIG	
Olympic Distance	2	5	07:40	2599	Male Age Group 35-39		Millar Luke	
Olympic Distance	2	5	07:40	2600	Male Age Group 35-39		Miller Lachlin	
Olympic Distance	2	5	07:40	2601	Male Age Group 35-39		Hughes Owen	
Olympic Distance	2	5	07:40	2602	Male Age Group 35-39		WAN PONG YIN, BON	
Olympic Distance	2	5	07:40	2603	Male Age Group 35-39		Silva Miguel Angel	
Olympic Distance	2	5	07:40	2604	Male Age Group 35-39		WONG PUI YUEN	
Olympic Distance	2	5	07:40	2605	Male Age Group 35-39		Chan Li	陳利
Olympic Distance	2	5	07:40	2606	Male Age Group 35-39		Sutch Jeremy R P	
Olympic Distance	2	5	07:40	2607	Male Age Group 35-39		McIntosh Ian	
Olympic Distance	2	5	07:40	2608	Male Age Group 35-39		Warner Warren	
Olympic Distance	2	5	07:40	2609	Male Age Group 35-39		Gloor Thierry	

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Olympic Distance	2	5	07:40	2610	Male Age Group 35-39		Wade Dylan	
Olympic Distance	2	5	07:40	2611	Male Age Group 35-39		ngo tong heng	
Olympic Distance	2	5	07:40	2612	Male Age Group 35-39		Reader Michael	
Olympic Distance	2	5	07:40	2613	Male Age Group 35-39		POON Albert	
Olympic Distance	2	5	07:40	2614	Male Age Group 35-39		Church Michael	
Olympic Distance	2	5	07:40	2615	Male Age Group 35-39		Molnar Christopher	
Olympic Distance	2	5	07:40	2616	Male Age Group 35-39		Tam Kwok Keung	譚國強
Olympic Distance	2	5	07:40	2617	Male Age Group 35-39		Yue Jeffrey	余智宏
Sprint Distance	2	9	09:20	3100	Male Age Group 35-39		Yeung Wing Yin,	楊永賢
Sprint Distance	2	9	09:20	3101	Male Age Group 35-39		Yu Let Pen	余力平
Sprint Distance	2	9	09:20	3102	Male Age Group 35-39		POON Wai On	潘維安
Sprint Distance	2	9	09:20	3103	Male Age Group 35-39		WEIS MARK	
Sprint Distance	2	9	09:20	3104	Male Age Group 35-39		Chamberlain Robert	
Sprint Distance	2	9	09:20	3105	Male Age Group 35-39		Chen Rodney	
Sprint Distance	2	9	09:20	3106	Male Age Group 35-39		Cheng Wai Tung	鄭維東
Sprint Distance	2	9	09:20	3107	Male Age Group 35-39		Chiu Sui Yin	
Sprint Distance	2	9	09:20	3108	Male Age Group 35-39		Chiu Yu Heng Gordon	赵汝珩
Sprint Distance	2	9	09:20	3109	Male Age Group 35-39		COURRET Olivier	
Sprint Distance	2	9	09:20	3110	Male Age Group 35-39		Dick Veilen	狄惠良
Sprint Distance	2	9	09:20	3111	Male Age Group 35-39		DING YI (GORDON)	丁毅
Sprint Distance	2	9	09:20	3112	Male Age Group 35-39		Fan Sai Hung Camus	樊世雄
Sprint Distance	2	9	09:20	3113	Male Age Group 35-39		Gravatt Breon	
Sprint Distance	2	9	09:20	3114	Male Age Group 35-39		Huang Eddie	黃崇智
Sprint Distance	2	9	09:20	3115	Male Age Group 35-39		Khan Shuebbur	
Sprint Distance	2	9	09:20	3116	Male Age Group 35-39		KOO THOMAS	
Sprint Distance	2	9	09:20	3117	Male Age Group 35-39		KWOK Ching Kwong	郭正光
Sprint Distance	2	9	09:20	3118	Male Age Group 35-39		Poon Wing Sing	潘永成
Sprint Distance	2	9	09:20	3119	Male Age Group 35-39		TONG CHING FAI	
Sprint Distance	2	9	09:20	3120	Male Age Group 35-39		WONG WAI MAN	
Sprint Distance	2	9	09:20	3121	Male Age Group 35-39		Yip Marco	葉家麟
Sprint Distance	2	9	09:20	3122	Male Age Group 35-39		CHIU SIN WAI	趙善偉
Sprint Distance	2	9	09:20	3123	Male Age Group 35-39		Lee Kin Ming	李健明
Sprint Distance	2	9	09:20	3124	Male Age Group 35-39		Shiu Yao Nien	
Sprint Distance	2	9	09:20	3125	Male Age Group 35-39		Tang Seaman	
Sprint Distance	2	9	09:20	3126	Male Age Group 35-39		Wong Chun Kit	黃俊傑
Sprint Distance	2	9	09:20	3127	Male Age Group 35-39		Hau William	侯正廉
Sprint Distance	2	9	09:20	3128	Male Age Group 35-39		Lee Greg	
Sprint Distance	2	9	09:20	3129	Male Age Group 35-39		Lam Eric	林国东
Sprint Distance	2	9	09:20	3130	Male Age Group 35-39		EDWARDS MARK	
Sprint Distance	2	9	09:20	3131	Male Age Group 35-39		LI KIN TUNG	李鍵東
Sprint Distance	2	9	09:20	3132	Male Age Group 35-39		Anderson Neil	
Sprint Distance	2	9	09:20	3133	Male Age Group 35-39		Shum James	
Sprint Distance	2	9	09:20	3134	Male Age Group 35-39		Au Kin Wing	區建榮

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Sprint Distance	2	9	09:20	3222	Male Age Group 35-39		LEUNG KIN FUNG,	
Sprint Distance	2	9	09:20	3223	Male Age Group 35-39		YICK CHECK KAI,	
Sprint Distance	2	9	09:20	3224	Male Age Group 35-39		Davies Michael	
Sprint Distance	2	9	09:20	3242	Male Age Group 35-39		LAI YAU WAI	黎有為
Sprint Distance	2	9	09:20	3243	Male Age Group 35-39		Coffeng John	
Sprint Distance	2	9	09:20	3244	Male Age Group 35-39		CHARLES H.R.	
Sprint Distance	2	9	09:20	3245	Male Age Group 35-39		Woods Alexander	
Sprint Distance	2	9	09:20	3246	Male Age Group 35-39		Moore Ashley	
Sprint Distance	2	9	09:20	3247	Male Age Group 35-39		Lightbound Richard	
Sprint Distance	2	9	09:20	3248	Male Age Group 35-39		Macintosh Alexander	
Sprint Distance	2	9	09:20	3249	Male Age Group 35-39		Yeung Ka Wing	楊家榮
Sprint Distance	2	9	09:20	3270	Male Age Group 35-39		WU PING MAN	
Olympic Distance	2	4	07:20	2350	Male Age Group 40-44		Wong Kin, Kenny	黃健
Olympic Distance	2	4	07:20	2351	Male Age Group 40-44		Chan Chik Kin	陳植堅
Olympic Distance	2	4	07:20	2352	Male Age Group 40-44		Yeung Yam Ho	楊任豪
Olympic Distance	2	4	07:20	2353	Male Age Group 40-44		Leung Wah Tat Keith	梁華達
Olympic Distance	2	4	07:20	2354	Male Age Group 40-44		WONG TAK WAH,	黃德華
Olympic Distance	2	4	07:20	2355	Male Age Group 40-44		Wan Ting Yiu, Ricky	尹庭耀
Olympic Distance	2	4	07:20	2356	Male Age Group 40-44		Chaudhry Ali	
Olympic Distance	2	4	07:20	2357	Male Age Group 40-44		hayman mark	
Olympic Distance	2	4	07:20	2358	Male Age Group 40-44		Horne Guy	
Olympic Distance	2	4	07:20	2359	Male Age Group 40-44		Holland Matthew	
Olympic Distance	2	4	07:20	2360	Male Age Group 40-44		Mullineaux Anthony	
Olympic Distance	2	4	07:20	2361	Male Age Group 40-44		Thompson Paul	
Olympic Distance	2	4	07:20	2362	Male Age Group 40-44		Lebeda Bruno	
Olympic Distance	2	4	07:20	2363	Male Age Group 40-44		Thornton Richard	
Olympic Distance	2	4	07:20	2364	Male Age Group 40-44		Emsley Matthew	
Olympic Distance	2	4	07:20	2365	Male Age Group 40-44		Watts David	
Olympic Distance	2	4	07:20	2366	Male Age Group 40-44		Tolhoek Patrick	
Olympic Distance	2	4	07:20	2367	Male Age Group 40-44		Best Philip	
Olympic Distance	2	4	07:20	2368	Male Age Group 40-44		Brown Daniel	
Olympic Distance	2	4	07:20	2369	Male Age Group 40-44		Brunner Piers	
Olympic Distance	2	4	07:20	2370	Male Age Group 40-44		Carstensen Jan	
Olympic Distance	2	4	07:20	2371	Male Age Group 40-44		CHAN TIN CHI	
Olympic Distance	2	4	07:20	2372	Male Age Group 40-44		Chung Wai Lap	鍾偉立
Olympic Distance	2	4	07:20	2373	Male Age Group 40-44		Gildemeister Rudolf	
Olympic Distance	2	4	07:20	2374	Male Age Group 40-44		Guenther Hans	
Olympic Distance	2	4	07:20	2375	Male Age Group 40-44		Holst Hermann	
Olympic Distance	2	4	07:20	2376	Male Age Group 40-44		Horn Mark	
Olympic Distance	2	4	07:20	2377	Male Age Group 40-44		KAI KUNNASMAA	
Olympic Distance	2	4	07:20	2378	Male Age Group 40-44		Lee Kelvin Chun Hong	利振航
Olympic Distance	2	4	07:20	2379	Male Age Group 40-44		LEE YIU KEE, ERIC	李耀基
Olympic Distance	2	4	07:20	2380	Male Age Group 40-44		Liu Jian	

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Olympic Distance	2	4	07:20	2381	Male Age Group 40-44		Mak William Wing Yiu	
Olympic Distance	2	4	07:20	2382	Male Age Group 40-44		Mexia João	
Olympic Distance	2	4	07:20	2383	Male Age Group 40-44		Miller Samantha	
Olympic Distance	2	4	07:20	2384	Male Age Group 40-44		Penders Stijn	
Olympic Distance	2	4	07:20	2385	Male Age Group 40-44		Plat Jeroen Hans	
Olympic Distance	2	4	07:20	2386	Male Age Group 40-44		Quigley Garrett	
Olympic Distance	2	4	07:20	2387	Male Age Group 40-44		REX ENGELKING	
Olympic Distance	2	4	07:20	2388	Male Age Group 40-44		schuermann claus	
Olympic Distance	2	4	07:20	2389	Male Age Group 40-44		Shirley Phil	-
Olympic Distance	2	4	07:20	2390	Male Age Group 40-44		Tripodoro Alejandro	
Olympic Distance	2	4	07:20	2391	Male Age Group 40-44		Yip Chun Fai	葉俊輝
Olympic Distance	2	4	07:20	2392	Male Age Group 40-44		Billington Ashley	
Olympic Distance	2	4	07:20	2393	Male Age Group 40-44		CHAN HON WA	陳康華
Olympic Distance	2	4	07:20	2394	Male Age Group 40-44		CHAN TZE CHUNG	
Olympic Distance	2	4	07:20	2395	Male Age Group 40-44		dingley paul	
Olympic Distance	2	4	07:20	2396	Male Age Group 40-44		Dyer Ashley	
Olympic Distance	2	4	07:20	2397	Male Age Group 40-44		Fellows Simon	
Olympic Distance	2	4	07:20	2398	Male Age Group 40-44		Fesche Anthony	
Olympic Distance	2	4	07:20	2399	Male Age Group 40-44		Jenks Cameron	
Olympic Distance	2	4	07:20	2400	Male Age Group 40-44		Koh John	
Olympic Distance	2	4	07:20	2401	Male Age Group 40-44		Kremer Tim	
Olympic Distance	2	4	07:20	2402	Male Age Group 40-44		Kung Hin Cheung	龔顯璋
Olympic Distance	2	4	07:20	2403	Male Age Group 40-44		Lee Chun Keung	
Olympic Distance	2	4	07:20	2404	Male Age Group 40-44		Lyons Steve	
Olympic Distance	2	4	07:20	2405	Male Age Group 40-44		Macpherson Andrew	
Olympic Distance	2	4	07:20	2406	Male Age Group 40-44		McIntosh Rodney	
Olympic Distance	2	4	07:20	2407	Male Age Group 40-44		Pye Bruce	
Olympic Distance	2	4	07:20	2408	Male Age Group 40-44		Sadler Michael	
Olympic Distance	2	4	07:20	2409	Male Age Group 40-44		SOU IAO KEONG	蘇有強
Olympic Distance	2	4	07:20	2410	Male Age Group 40-44		Suh Eugene	
Olympic Distance	2	4	07:20	2411	Male Age Group 40-44		Wehry Eduard	
Olympic Distance	2	4	07:20	2412	Male Age Group 40-44		YEUNG LARRY	
Olympic Distance	2	4	07:20	2413	Male Age Group 40-44		ZHANG XIAOFEI	
Olympic Distance	2	4	07:20	2414	Male Age Group 40-44		Baillet Olivier	
Olympic Distance	2	4	07:20	2415	Male Age Group 40-44		Ng Yu Wai	吳裕偉
Olympic Distance	2	4	07:20	2416	Male Age Group 40-44		NG Yuen Fu	吳源富
Olympic Distance	2	4	07:20	2417	Male Age Group 40-44		LAM Kevin Ying Wai	林應威
Olympic Distance	2	4	07:20	2418	Male Age Group 40-44		Tsang Valentine	曾晃祥
Olympic Distance	2	4	07:20	2419	Male Age Group 40-44		Ko Po Hung	高寶鴻
Olympic Distance	2	4	07:20	2420	Male Age Group 40-44		Morgan Alan	
Olympic Distance	2	4	07:20	2421	Male Age Group 40-44		Harmer Scott	
Olympic Distance	2	4	07:20	2422	Male Age Group 40-44		Boddington Stephen	
Olympic Distance	2	4	07:20	2423	Male Age Group 40-44		Chan Daryl	

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Olympic Distance	2	4	07:20	2424	Male Age Group 40-44		Nixon Charles	
Olympic Distance	2	4	07:20	2425	Male Age Group 40-44		LAM HING YIN	林興賢
Olympic Distance	2	4	07:20	2426	Male Age Group 40-44		Trede Volker	
Olympic Distance	2	4	07:20	2427	Male Age Group 40-44		Chan Ping Kwong	陳炳光
Olympic Distance	2	4	07:20	2428	Male Age Group 40-44		Dingley Paul	
Olympic Distance	2	4	07:20	2429	Male Age Group 40-44		Castley Simon	
Olympic Distance	2	4	07:20	2430	Male Age Group 40-44		LUI TSZ HIN	劉子軒
Olympic Distance	2	4	07:20	2431	Male Age Group 40-44		GIAMPORCARO	
Olympic Distance	2	4	07:20	2432	Male Age Group 40-44		Flanagan Christopher	
Olympic Distance	2	4	07:20	2433	Male Age Group 40-44		Bramham Shaun	
Olympic Distance	2	4	07:20	2434	Male Age Group 40-44		DAHL MARK	
Olympic Distance	2	4	07:20	2435	Male Age Group 40-44		Cheung Alan	
Olympic Distance	2	4	07:20	2436	Male Age Group 40-44		Yvan Corno	
Olympic Distance	2	4	07:20	2437	Male Age Group 40-44		Tong Christopher	湯惠驪
Olympic Distance	2	4	07:20	2438	Male Age Group 40-44		Wong Ho Ming	黃浩明
Olympic Distance	2	4	07:20	2439	Male Age Group 40-44		Chan Chun Chung	陳振宗
Olympic Distance	2	4	07:20	2440	Male Age Group 40-44		Lee Yiu Ming	李耀明
Olympic Distance	2	4	07:20	2441	Male Age Group 40-44		Tan Wing On	鄧永安
Olympic Distance	2	4	07:20	2442	Male Age Group 40-44		Wong Ming Fae	王鳴輝
Olympic Distance	2	4	07:20	2443	Male Age Group 40-44		Yong Richard	楊量光
Olympic Distance	2	4	07:20	2444	Male Age Group 40-44		Ho Bernard	何志亮
Olympic Distance	2	4	07:20	2445	Male Age Group 40-44		Chow Billy	周捷恆
Olympic Distance	2	4	07:20	2446	Male Age Group 40-44		CHU Wai Kit	朱偉傑
Olympic Distance	2	4	07:20	2447	Male Age Group 40-44		LO Kit Hung Eric	
Olympic Distance	2	4	07:20	2448	Male Age Group 40-44		Chiu Kok Fu	趙國富
Olympic Distance	2	4	07:20	2449	Male Age Group 40-44		YIP HO MING	葉浩明
Olympic Distance	2	4	07:20	2450	Male Age Group 40-44		Holdsworth Robin Tom	
Olympic Distance	2	4	07:20	2451	Male Age Group 40-44		Steinhauer Peter	
Olympic Distance	2	4	07:20	2452	Male Age Group 40-44		Stokes Edmund	
Olympic Distance	2	4	07:20	2453	Male Age Group 40-44		Kearney Mark	
Olympic Distance	2	4	07:20	2454	Male Age Group 40-44		Lupton Ed	
Olympic Distance	2	4	07:20	2455	Male Age Group 40-44		HARVEY MARC	
Olympic Distance	2	4	07:20	2456	Male Age Group 40-44		John Justin	
Olympic Distance	2	4	07:20	2457	Male Age Group 40-44		Pang Alwyn See Kit	彭思杰
Olympic Distance	2	4	07:20	2458	Male Age Group 40-44		CHAN PETER	
Olympic Distance	2	4	07:20	2459	Male Age Group 40-44		CHAU CHE CHIU,	周志超
Olympic Distance	2	4	07:20	2460	Male Age Group 40-44		CHUNG KIM FUNG,	
Olympic Distance	2	4	07:20	2461	Male Age Group 40-44		WOLFSGRUBER	
Olympic Distance	2	4	07:20	2462	Male Age Group 40-44		Yip Shing Yan	葉承恩
Olympic Distance	2	4	07:20	2463	Male Age Group 40-44		CAMERON HUGH	
Olympic Distance	2	4	07:20	2464	Male Age Group 40-44		Myers Paul	
Olympic Distance	2	4	07:20	2465	Male Age Group 40-44		Kim Joel	
Olympic Distance	2	4	07:20	2466	Male Age Group 40-44		Partnow Philip	彭菲力

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Olympic Distance	2	4	07:20	2467	Male Age Group 40-44		Albury Daryl	
Olympic Distance	2	4	07:20	2468	Male Age Group 40-44		Poon Che Wai	潘志威
Olympic Distance	2	4	07:20	2469	Male Age Group 40-44		Dru Drury Guy	
Olympic Distance	2	4	07:20	2470	Male Age Group 40-44		Gibb David	
Olympic Distance	2	4	07:20	2471	Male Age Group 40-44		Ypersiel Vincent	
Olympic Distance	2	4	07:20	2472	Male Age Group 40-44		Bell David	
Olympic Distance	2	4	07:20	2473	Male Age Group 40-44		Klock Kevin	
Olympic Distance	2	4	07:20	2474	Male Age Group 40-44		Jeffery Paul	
Sprint Distance	2	9	09:20	3135	Male Age Group 40-44		Wan Shu Wah	溫樹華
Sprint Distance	2	9	09:20	3136	Male Age Group 40-44		Shi Bertram	
Sprint Distance	2	9	09:20	3137	Male Age Group 40-44		LAM KA FAI, TERRY	
Sprint Distance	2	9	09:20	3138	Male Age Group 40-44		IP TO KWAN	葉道坤
Sprint Distance	2	9	09:20	3139	Male Age Group 40-44		WONG BOK WAI,	王博偉
Sprint Distance	2	9	09:20	3140	Male Age Group 40-44		Clayton Paul	
Sprint Distance	2	9	09:20	3141	Male Age Group 40-44		Taylor Tony	
Sprint Distance	2	9	09:20	3142	Male Age Group 40-44		WONG ANDY	黃煒卓
Sprint Distance	2	9	09:20	3143	Male Age Group 40-44		CHAN SAN NGAI	
Sprint Distance	2	9	09:20	3144	Male Age Group 40-44		Chiu Sui Fai	
Sprint Distance	2	9	09:20	3145	Male Age Group 40-44		De Ruijter Leo	
Sprint Distance	2	9	09:20	3146	Male Age Group 40-44		Garman Robert	
Sprint Distance	2	9	09:20	3147	Male Age Group 40-44		Hui Tze Hang	許子衡
Sprint Distance	2	9	09:20	3148	Male Age Group 40-44		Kennish Robin	
Sprint Distance	2	9	09:20	3149	Male Age Group 40-44		Kong Bruce	鄺盛通
Sprint Distance	2	9	09:20	3150	Male Age Group 40-44		Li Hung Man	李雄文
Sprint Distance	2	9	09:20	3151	Male Age Group 40-44		Ngai James A.	
Sprint Distance	2	9	09:20	3152	Male Age Group 40-44		Quarmby David	
Sprint Distance	2	9	09:20	3153	Male Age Group 40-44		Stanley Mark	
Sprint Distance	2	9	09:20	3154	Male Age Group 40-44		Williams Paul	
Sprint Distance	2	9	09:20	3155	Male Age Group 40-44		Chung Chun Bong	
Sprint Distance	2	9	09:20	3156	Male Age Group 40-44		Denmark Michael	
Sprint Distance	2	9	09:20	3157	Male Age Group 40-44		JORDAN David	
Sprint Distance	2	9	09:20	3158	Male Age Group 40-44		LAW WAI HONG	
Sprint Distance	2	9	09:20	3159	Male Age Group 40-44		PANG KAM YAU	彭金有
Sprint Distance	2	9	09:20	3160	Male Age Group 40-44		TSE SHU YUNG	謝樹榕
Sprint Distance	2	9	09:20	3161	Male Age Group 40-44		Wong Geoffrey	
Sprint Distance	2	9	09:20	3162	Male Age Group 40-44		Ying Marcus	英偉亮
Sprint Distance	2	9	09:20	3163	Male Age Group 40-44		Lam Kim Ming,	林劍明
Sprint Distance	2	9	09:20	3164	Male Age Group 40-44		Chan Eddie	陳耀宗
Sprint Distance	2	9	09:20	3165	Male Age Group 40-44		Nagler Greg	
Sprint Distance	2	9	09:20	3166	Male Age Group 40-44		Tam Vincent Kwok	
Sprint Distance	2	9	09:20	3167	Male Age Group 40-44		WONG WING HIM,	黃穎謙
Sprint Distance	2	9	09:20	3168	Male Age Group 40-44		Ma Chi Po	馬志寶
Sprint Distance	2	9	09:20	3169	Male Age Group 40-44		Lee Wing Kwong	李榮光

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Sprint Distance	2	9	09:20	3170	Male Age Group 40-44		Cheung Kai Shui	張啓瑞
Sprint Distance	2	9	09:20	3171	Male Age Group 40-44		Lam Kam Ching	林金清
Sprint Distance	2	9	09:20	3172	Male Age Group 40-44		Pringle Antony	
Sprint Distance	2	9	09:20	3225	Male Age Group 40-44		Wong Shi Man	黃仕文
Sprint Distance	2	9	09:20	3226	Male Age Group 40-44		Doerr Richard	
Sprint Distance	2	9	09:20	3227	Male Age Group 40-44		TIM STEVENS	
Sprint Distance	2	9	09:20	3228	Male Age Group 40-44		Wong Lai Man	
Sprint Distance	2	9	09:20	3229	Male Age Group 40-44		Tye Simon	
Sprint Distance	2	9	09:20	3230	Male Age Group 40-44		Cheung Ka Wai	
Sprint Distance	2	9	09:20	3231	Male Age Group 40-44		lam poon fai	林本輝
Sprint Distance	2	9	09:20	3250	Male Age Group 40-44		Conway John	
Sprint Distance	2	9	09:20	3251	Male Age Group 40-44		DZEDZEJ VINCENT	
Sprint Distance	2	9	09:20	3252	Male Age Group 40-44		GAW Goodwin	吳繼偉
Sprint Distance	2	9	09:20	3253	Male Age Group 40-44		Ma Wing Tak Terry	
Sprint Distance	2	9	09:20	3254	Male Age Group 40-44		Liptak John	
Sprint Distance	2	9	09:20	3255	Male Age Group 40-44		CHIM HING WAI	詹興樟
Sprint Distance	2	9	09:20	3256	Male Age Group 40-44		HUNG YUK CHUNG	洪育忠
Sprint Distance	2	9	09:20	3257	Male Age Group 40-44		Chow Wai Leung	
Sprint Distance	2	9	09:20	3258	Male Age Group 40-44		Chong Tung Hing	莊東興
Olympic Distance	2	3	07:00	2200	Male Age Group 45-49		Chan Johnson	
Olympic Distance	2	3	07:00	2201	Male Age Group 45-49		Tong Chi Hung Philip	湯志雄
Olympic Distance	2	3	07:00	2202	Male Age Group 45-49		Ho Chak	何澤
Olympic Distance	2	3	07:00	2203	Male Age Group 45-49		Yuen Kai Ming	阮啓明
Olympic Distance	2	3	07:00	2204	Male Age Group 45-49		Chu Shiu Kay,	朱兆麒
Olympic Distance	2	3	07:00	2205	Male Age Group 45-49		Lawrence Chung Lui	鍾侶雄
Olympic Distance	2	3	07:00	2206	Male Age Group 45-49		Chan Chu	陳珠
Olympic Distance	2	3	07:00	2207	Male Age Group 45-49		Tremblay Jean-	
Olympic Distance	2	3	07:00	2208	Male Age Group 45-49		Harris Jeremy	
Olympic Distance	2	3	07:00	2209	Male Age Group 45-49		Moran Simon	
Olympic Distance	2	3	07:00	2210	Male Age Group 45-49		Alcock Brent	
Olympic Distance	2	3	07:00	2211	Male Age Group 45-49		Belling Phillip	
Olympic Distance	2	3	07:00	2212	Male Age Group 45-49		Berrisford Carl	
Olympic Distance	2	3	07:00	2213	Male Age Group 45-49		CHE Meng Kong	謝明光
Olympic Distance	2	3	07:00	2214	Male Age Group 45-49		Cheng Kwok Hung	鄭國雄
Olympic Distance	2	3	07:00	2215	Male Age Group 45-49		Choi Sek Tong	徐錫棠
Olympic Distance	2	3	07:00	2216	Male Age Group 45-49		Fernando Nascimanto	施明道
Olympic Distance	2	3	07:00	2217	Male Age Group 45-49		Gilchrist Brian	
Olympic Distance	2	3	07:00	2218	Male Age Group 45-49		Hallworth Tim	
Olympic Distance	2	3	07:00	2219	Male Age Group 45-49		hu qinghe	
Olympic Distance	2	3	07:00	2220	Male Age Group 45-49		Hui Chee Sum	
Olympic Distance	2	3	07:00	2221	Male Age Group 45-49		Hyams Daniel	
Olympic Distance	2	3	07:00	2222	Male Age Group 45-49		Jon Steve	
Olympic Distance	2	3	07:00	2223	Male Age Group 45-49		Kris Larsson	

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Olympic Distance	2	3	07:00	2224	Male Age Group 45-49		LEE Chung-wah	李仲華
Olympic Distance	2	3	07:00	2225	Male Age Group 45-49		Lee Meng Hong	
Olympic Distance	2	3	07:00	2226	Male Age Group 45-49		LEWIS JOHN	
Olympic Distance	2	3	07:00	2227	Male Age Group 45-49		ORegan Andrew	
Olympic Distance	2	3	07:00	2228	Male Age Group 45-49		Qian Lei	錢雷
Olympic Distance	2	3	07:00	2229	Male Age Group 45-49		Bolger Liam	
Olympic Distance	2	3	07:00	2230	Male Age Group 45-49		Bulbeck David	
Olympic Distance	2	3	07:00	2231	Male Age Group 45-49		CHAN HING FAI	陳慶輝
Olympic Distance	2	3	07:00	2232	Male Age Group 45-49		Leung Hung Sun	梁鴻燊
Olympic Distance	2	3	07:00	2233	Male Age Group 45-49		Mills Larry	
Olympic Distance	2	3	07:00	2234	Male Age Group 45-49		O'Hara Paul	
Olympic Distance	2	3	07:00	2235	Male Age Group 45-49		Sheldon Jeremy	
Olympic Distance	2	3	07:00	2236	Male Age Group 45-49		Straatemeier Brett	
Olympic Distance	2	3	07:00	2237	Male Age Group 45-49		Wray Martin	
Olympic Distance	2	3	07:00	2238	Male Age Group 45-49		Howell David	
Olympic Distance	2	3	07:00	2239	Male Age Group 45-49		Burton Scott James	
Olympic Distance	2	3	07:00	2240	Male Age Group 45-49		Galliford Neil Peter	
Olympic Distance	2	3	07:00	2241	Male Age Group 45-49		Smith Tim	
Olympic Distance	2	3	07:00	2242	Male Age Group 45-49		Perrin Jonathan Rhys	
Olympic Distance	2	3	07:00	2243	Male Age Group 45-49		Lee Kwok Ning	
Olympic Distance	2	3	07:00	2244	Male Age Group 45-49		Kim Young Ho	
Olympic Distance	2	3	07:00	2245	Male Age Group 45-49		Chan Wai Kee, Eric	陳偉基
Olympic Distance	2	3	07:00	2246	Male Age Group 45-49		Lee Ying Ho	李英豪
Olympic Distance	2	3	07:00	2247	Male Age Group 45-49		Lai Wut Sun Johnny	賴活新
Olympic Distance	2	3	07:00	2248	Male Age Group 45-49		Wang Zhe Shen,	王哲身
Olympic Distance	2	3	07:00	2249	Male Age Group 45-49		Chung Rayson	鍾冠國
Olympic Distance	2	3	07:00	2250	Male Age Group 45-49		Sung Yan Wah	宋仁華
Olympic Distance	2	3	07:00	2251	Male Age Group 45-49		Walker Phillip	
Olympic Distance	2	3	07:00	2252	Male Age Group 45-49		Tse Michael	
Olympic Distance	2	3	07:00	2253	Male Age Group 45-49		Dargan Nick	
Olympic Distance	2	3	07:00	2254	Male Age Group 45-49		Torre Graeme	
Olympic Distance	2	3	07:00	2255	Male Age Group 45-49		Russell Keith	
Olympic Distance	2	3	07:00	2299	Male Age Group 45-49		Choy Stephen	
Olympic Distance	2	3	07:00	2300	Male Age Group 45-49		CHUNG KWOK WING	鍾國榮
Olympic Distance	2	3	07:00	2301	Male Age Group 45-49		Sharp Mark	
Olympic Distance	2	3	07:00	2302	Male Age Group 45-49		Chan Yee Cheong	
Olympic Distance	2	3	07:00	2303	Male Age Group 45-49		Abecassis Marc	
Olympic Distance	2	3	07:00	2304	Male Age Group 45-49		Parker Clayton	
Olympic Distance	2	3	07:00	2305	Male Age Group 45-49		Ajmal Victor Samuel	
Olympic Distance	2	3	07:00	2306	Male Age Group 45-49		Rickards Andrew	
Olympic Distance	2	3	07:00	2307	Male Age Group 45-49		Fernandez Marc	
Olympic Distance	2	3	07:00	2308	Male Age Group 45-49		Kennedy Grant	
Olympic Distance	2	3	07:00	2309	Male Age Group 45-49		Chan Ka Keung	陳嘉強

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Olympic Distance	2	3	07:00	2314	Male Age Group 45-49		Telford Chris	
Olympic Distance	2	3	07:00	2315	Male Age Group 45-49		Bemet Steven	
Olympic Distance	2	3	07:00	2317	Male Age Group 45-49		Childs Simon	
Sprint Distance	2	9	09:20	3173	Male Age Group 45-49		Pies John	
Sprint Distance	2	9	09:20	3174	Male Age Group 45-49		Edwards Otis	歐天思
Sprint Distance	2	9	09:20	3175	Male Age Group 45-49		Choy Ying Whye	
Sprint Distance	2	9	09:20	3176	Male Age Group 45-49		CHUNG KIN LEUNG	鍾健良
Sprint Distance	2	9	09:20	3177	Male Age Group 45-49		Dirks Joachim	
Sprint Distance	2	9	09:20	3178	Male Age Group 45-49		Friedlander Michael	
Sprint Distance	2	9	09:20	3179	Male Age Group 45-49		Lau Kim Cheong	
Sprint Distance	2	9	09:20	3180	Male Age Group 45-49		LEE HING LOK	
Sprint Distance	2	9	09:20	3181	Male Age Group 45-49		Giard Philippe	
Sprint Distance	2	9	09:20	3182	Male Age Group 45-49		TAM KA KIT	譚嘉傑
Sprint Distance	2	9	09:20	3183	Male Age Group 45-49		Tullis George	
Sprint Distance	2	9	09:20	3184	Male Age Group 45-49		WAT WAI HUNG	
Sprint Distance	2	9	09:20	3185	Male Age Group 45-49		Wong Kai Chung	
Sprint Distance	2	9	09:20	3186	Male Age Group 45-49		WONG SUN KEUNG	
Sprint Distance	2	9	09:20	3187	Male Age Group 45-49		Tony Yang	楊銘祥
Sprint Distance	2	9	09:20	3188	Male Age Group 45-49		Philip CHANG	
Sprint Distance	2	9	09:20	3189	Male Age Group 45-49		Cheung Wing Yung	
Sprint Distance	2	9	09:20	3190	Male Age Group 45-49		Fung Wai Chung	馮偉聰
Sprint Distance	2	9	09:20	3191	Male Age Group 45-49		LAU SEK WA	劉錫華
Sprint Distance	2	9	09:20	3192	Male Age Group 45-49		LO KWOK WAH	
Sprint Distance	2	9	09:20	3193	Male Age Group 45-49		Bradley Stephen	N/A
Sprint Distance	2	9	09:20	3194	Male Age Group 45-49		Andrew Oliver	Andy
Sprint Distance	2	9	09:20	3195	Male Age Group 45-49		Wong Chung Hon Ivan	黃松漢
Sprint Distance	2	9	09:20	3196	Male Age Group 45-49		Lee Kai Chuen	李啓全
Sprint Distance	2	9	09:20	3197	Male Age Group 45-49		LAU Siu Kan	
Sprint Distance	2	9	09:20	3198	Male Age Group 45-49		Lam Chi Choi	林子財
Sprint Distance	2	9	09:20	3199	Male Age Group 45-49		MOK KING KUEN	莫景權
Sprint Distance	2	9	09:20	3200	Male Age Group 45-49		Siegfried Verheijke	
Sprint Distance	2	9	09:20	3201	Male Age Group 45-49		Renato Peixoto	renato
Sprint Distance	2	9	09:20	3232	Male Age Group 45-49		Chan Cheung Kong	
Sprint Distance	2	9	09:20	3233	Male Age Group 45-49		Lam Edwin	林展輝
Sprint Distance	2	9	09:20	3259	Male Age Group 45-49		Yeung Thomas	楊德望
Sprint Distance	2	9	09:20	3260	Male Age Group 45-49		Flynn Tony	
Sprint Distance	2	9	09:20	3261	Male Age Group 45-49		NG DAVY	
Sprint Distance	2	9	09:20	3262	Male Age Group 45-49		Lau Stephen	
Sprint Distance	2	9	09:20	3263	Male Age Group 45-49		CHUNG Wing shing	鍾永盛
Sprint Distance	2	9	09:20	3264	Male Age Group 45-49		Harris Jeremy	
Sprint Distance	2	9	09:20	3271	Male Age Group 45-49		Ho Joel	
Olympic Distance	2	3	07:00	2256	Male Age Group 50-54		Tam Fai Kin	譚輝健
Olympic Distance	2	3	07:00	2257	Male Age Group 50-54		Douma John	

2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Olympic Distance	2	3	07:00	2258	Male Age Group 50-54		Marriott Frank	
Olympic Distance	2	3	07:00	2259	Male Age Group 50-54		Barnard Gawain	
Olympic Distance	2	3	07:00	2260	Male Age Group 50-54		O'Neill Mike	
Olympic Distance	2	3	07:00	2261	Male Age Group 50-54		PYNE JONATHAN	
Olympic Distance	2	3	07:00	2262	Male Age Group 50-54		YU Kam-choi	余錦材
Olympic Distance	2	3	07:00	2263	Male Age Group 50-54		Gamblin Clive,	
Olympic Distance	2	3	07:00	2264	Male Age Group 50-54		Lam Shing Man Otto	林醒文
Olympic Distance	2	3	07:00	2265	Male Age Group 50-54		LIU CHON KA	廖俊佳
Olympic Distance	2	3	07:00	2266	Male Age Group 50-54		WU Chi-wai	鄔志偉
Olympic Distance	2	3	07:00	2267	Male Age Group 50-54		Metz Stephen	麥士徒
Olympic Distance	2	3	07:00	2268	Male Age Group 50-54		Chau Ying Kwong	周應光
Olympic Distance	2	3	07:00	2269	Male Age Group 50-54		Penaloza Philip	蔡偉立
Olympic Distance	2	3	07:00	2270	Male Age Group 50-54		Kwok Sui Wing	郭瑞榮
Olympic Distance	2	3	07:00	2271	Male Age Group 50-54		Bartlett Jeremy	
Olympic Distance	2	3	07:00	2272	Male Age Group 50-54		Hanselman	
Olympic Distance	2	3	07:00	2273	Male Age Group 50-54		Trodd Tim	
Olympic Distance	2	3	07:00	2274	Male Age Group 50-54		Wong Kam Tim	黃錦添
Olympic Distance	2	3	07:00	2275	Male Age Group 50-54		LAM CHI CHAM	林熾參
Olympic Distance	2	3	07:00	2276	Male Age Group 50-54		Wong Kwok Wah	黃國華
Olympic Distance	2	3	07:00	2277	Male Age Group 50-54		Lam Chi Wing	林志榮
Olympic Distance	2	3	07:00	2278	Male Age Group 50-54		Cheung Chi Wing	張志榮
Olympic Distance	2	3	07:00	2296	Male Age Group 50-54		Tateyama Yoshiki	
Olympic Distance	2	3	07:00	2297	Male Age Group 50-54		Hill Desmond	
Olympic Distance	2	3	07:00	2310	Male Age Group 50-54		HALKES ADRIAN	
Olympic Distance	2	3	07:00	2311	Male Age Group 50-54		Yung Tak Cheung	
Sprint Distance	2	9	09:20	3202	Male Age Group 50-54		Chau Ho Ming	鄒浩明
Sprint Distance	2	9	09:20	3203	Male Age Group 50-54		IP Yee-Chiu	葉以超
Sprint Distance	2	9	09:20	3204	Male Age Group 50-54		Gawain Barnard	
Sprint Distance	2	9	09:20	3205	Male Age Group 50-54		Cheong Veng Va	昌榮華
Sprint Distance	2	9	09:20	3206	Male Age Group 50-54		Cheung Bun Chi	
Sprint Distance	2	9	09:20	3207	Male Age Group 50-54		William Koo	Tung Wah
Sprint Distance	2	9	09:20	3208	Male Age Group 50-54		LEUNG KAI MING	
Sprint Distance	2	9	09:20	3209	Male Age Group 50-54		Li Man Yee, Nick	
Sprint Distance	2	9	09:20	3210	Male Age Group 50-54		Manson So	
Sprint Distance	2	9	09:20	3211	Male Age Group 50-54		Li Ka Wo	李家和
Sprint Distance	2	9	09:20	3212	Male Age Group 50-54		Au Yau Kit, Simon	區有傑
Sprint Distance	2	9	09:20	3213	Male Age Group 50-54		MA YUK FU	馬育富
Sprint Distance	2	9	09:20	3214	Male Age Group 50-54		Yau Wah	邱華
Sprint Distance	2	9	09:20	3234	Male Age Group 50-54		NG KWOK HO	
Sprint Distance	2	9	09:20	3235	Male Age Group 50-54		wong kwok shing	
Sprint Distance	2	9	09:20	3236	Male Age Group 50-54		STANLEY HUGH	
Sprint Distance	2	9	09:20	3237	Male Age Group 50-54		SO KAM FAN	
Sprint Distance	2	9	09:20	3238	Male Age Group 50-54		Lam Fergus	林贊輝

## 2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Sprint Distance	2	9	09:20	3265	Male Age Group 50-54		Cheng hon kam	Zheng han jin
Sprint Distance	2	9	09:20	3266	Male Age Group 50-54		Fung Cheuk Sing	
Sprint Distance	2	9	09:20	3267	Male Age Group 50-54		pun ho-shun	
Sprint Distance	2	9	09:20	3268	Male Age Group 50-54		LAI CHIU CHEONG	
Sprint Distance	2	9	09:20	3269	Male Age Group 50-54		Osmani Armando	
Olympic Distance	2	3	07:00	2279	Male Age Group 55 & Over		Lau Shiu Lon	劉兆麟
Olympic Distance	2	3	07:00	2280	Male Age Group 55 & Over		Nafte Anthony	
Olympic Distance	2	3	07:00	2281	Male Age Group 55 & Over		Gunns Christopher	
Olympic Distance	2	3	07:00	2282	Male Age Group 55 & Over		So Martin	蘇若禹
Olympic Distance	2	3	07:00	2283	Male Age Group 55 & Over		Tavares Angelo	
Olympic Distance	2	3	07:00	2284	Male Age Group 55 & Over		Horne James	
Olympic Distance	2	3	07:00	2285	Male Age Group 55 & Over		Wong Hon Chio	黃漢釗
Olympic Distance	2	3	07:00	2286	Male Age Group 55 & Over		Dacre Iain	
Olympic Distance	2	3	07:00	2287	Male Age Group 55 & Over		Stewart James	
Olympic Distance	2	3	07:00	2288	Male Age Group 55 & Over		Collins Alan	
Olympic Distance	2	3	07:00	2289	Male Age Group 55 & Over		Endicott John	
Olympic Distance	2	3	07:00	2290	Male Age Group 55 & Over		Chan Fai Ming	陳揮明
Olympic Distance	2	3	07:00	2291	Male Age Group 55 & Over		LEUNG TAT WING	梁達榮
Olympic Distance	2	3	07:00	2292	Male Age Group 55 & Over		Chan Ho Kee	陳浩基
Olympic Distance	2	3	07:00	2293	Male Age Group 55 & Over		Chan King Yuen	陳景源
Olympic Distance	2	3	07:00	2294	Male Age Group 55 & Over		Leung Chi Hung,	梁治洪
Olympic Distance	2	3	07:00	2295	Male Age Group 55 & Over		ONG Joseph	王阳乐
Olympic Distance	2	3	07:00	2298	Male Age Group 55 & Over		BERNIE RYAN	
Olympic Distance	2	3	07:00	2312	Male Age Group 55 & Over		Ong Jin Seng	
Olympic Distance	2	3	07:00	2313	Male Age Group 55 & Over		Brownlee Ian	
Olympic Distance	2	3	07:00	2316	Male Age Group 55 & Over		Parmelee William	包立宏
Sprint Distance	2	9	09:20	3215	Male Age Group 55 & Over		Li Andrew	李樹麟
Sprint Distance	2	9	09:20	3216	Male Age Group 55 & Over		TSOI HON KUEN	
Sprint Distance	2	9	09:20	3217	Male Age Group 55 & Over		Cheung He	張禧
Sprint Distance	2	9	09:20	3218	Male Age Group 55 & Over		Choi Yin Chee	蔡賢治
Sprint Distance	2	9	09:20	3219	Male Age Group 55 & Over		Les Collett	
Sprint Distance	2	9	09:20	3220	Male Age Group 55 & Over		Klaus-Werner Ullrich	
Sprint Distance	2	9	09:20	3221	Male Age Group 55 & Over		James Vickers	
Sprint Distance	2	9	09:20	3239	Male Age Group 55 & Over		NG MOK KWAI	
Sprint Distance	2	9	09:20	3240	Male Age Group 55 & Over		leung raymond	
Sprint Distance	2	9	09:20	3241	Male Age Group 55 & Over		NG WING KIT	
Olympic Distance	2	1	06:20	2000	Male Open		Lee Yuk Keung	李玉強
Olympic Distance	2	1	06:20	2001	Male Open		Chow Chi Man	周志文
Olympic Distance	2	1	06:20	2002	Male Open		Wong Hon Bun, Ryan	黃漢彬
Olympic Distance	2	1	06:20	2003	Male Open		Cheung Man Kit	張文傑
Olympic Distance	2	1	06:20	2004	Male Open		johnson james	long xuan
Olympic Distance	2	1	06:20	2005	Male Open		Etherington Lee	
Olympic Distance	2	1	06:20	2006	Male Open		Hesry Sebastien	

2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Olympic Distance	2	1	06:20	2007	Male Open		kok chi wai	郭志瑋
Olympic Distance	2	1	06:20	2008	Male Open		Laight Matthew	
Olympic Distance	2	1	06:20	2009	Male Open		Lao Kin Chong	劉健中
Olympic Distance	2	1	06:20	2010	Male Open		Lawson Matthew	
Olympic Distance	2	1	06:20	2011	Male Open		Partnow Philip	彭菲力
Olympic Distance	2	1	06:20	2012	Male Open		Picut Arnaud	
Olympic Distance	2	1	06:20	2013	Male Open		Van Buuren Bas	
Olympic Distance	2	1	06:20	2014	Male Open		Watson Michael	
Olympic Distance	2	1	06:20	2015	Male Open		ANDERSON AJ	
Olympic Distance	2	1	06:20	2016	Male Open		CHAN KA LUN	陳嘉麟
Olympic Distance	2	1	06:20	2017	Male Open		Griffiths rupert	
Olympic Distance	2	1	06:20	2018	Male Open		FELBABEL ERICH	艾力克
Olympic Distance	2	1	06:20	2019	Male Open		Allen Martin	
Olympic Distance	2	1	06:20	2020	Male Open		Connolly Tom	
Olympic Distance	2	1	06:20	2021	Male Open		Lee Michael Kin To	
Olympic Distance	2	1	06:20	2022	Male Open		Baring Esmond	
Olympic Distance	2	1	06:20	2023	Male Open		Currie Christopher	
Olympic Distance	2	1	06:20	2024	Male Open		Mackevicius Clinton	
Olympic Distance	2	1	07:20	2025	Male Open		Tse Wei-Mun	
Olympic Distance	2	1	08:20	2026	Male Open		Sekiya Yasuhiko	
Olympic Distance	2	1	09:20	2027	Male Open		Ng Douglas	
Olympic Distance	2	7	08:20	R203	Open Realy	GLORIOUS BASTARDS		
Olympic Distance	2	7	08:20	R204	Open Realy	Special Moments		
Olympic Distance	2	7	08:20	R205	Open Realy	ORH		
Olympic Distance	2	7	08:20	R206	Open Realy	Li Man Chun		
Olympic Distance	2	7	08:20	R207	Open Realy	KIWI-CANDY-HONKIE		
Olympic Distance	2	7	08:20	R208	Open Realy	t1		
Olympic Distance	2	7	08:20	R209	Open Realy	BULL BIKE		
Olympic Distance	2	7	08:20	R210	Open Realy	COG2		
Olympic Distance	2	7	08:20	R211	Open Realy	TWO CHICKS AND A DUDE		
Olympic Distance	2	7	08:20	R212	Open Realy	TEAM EXPANDABLES		
Olympic Distance	2	7	08:20	R213	Open Realy	COG1		
Olympic Distance	2	7	08:20	R214	Open Realy	MT Biker @ AustSports - Plus		
Olympic Distance	2	7	08:20	R215	Open Realy	Skillful		
Olympic Distance	2	7	08:20	R216	Open Realy	HSBC - MBA		
Olympic Distance	2	7	08:20	R217	Open Realy	Tse Chung Wai		
Olympic Distance	2	7	08:20	R218	Open Realy	Tse Sai Chung		
Olympic Distance	2	7	08:20	R219	Open Realy	TEAM OF PHECDA		
Olympic Distance	2	7	08:20	R220	Open Realy	CARRIE TRADE		
Olympic Distance	2	7	08:20	R221	Open Realy	HSBC ROCKETS		
Olympic Distance	2	7	08:20	R222	Open Realy	MT Biker @ AustSports - Elite		
Olympic Distance	2	7	08:20	R223	Open Realy	G-FORCE		
Olympic Distance	2	7	08:20	R224	Open Realy	COG3		

2010 Hong Kong ITU Triathlon Asian Cup Age Group Start List

Race Distance	Day	Wave	Start Time	Race No	Category	TeamName	Name	Chinese Name
Olympic Distance	2	7	08:20	R225	Open Relay	Nilabo		
Olympic Distance	2	7	08:20	R226	Open Relay	The Giant 3s		
Olympic Distance	2	7	08:20	R227	Open Relay	In a Relationship		
Olympic Distance	2	7	08:20	R228	Open Relay	SOUTH CHINA ATHLETIC ASSOCIATION		
Olympic Distance	2	7	08:20	R229	Open Relay	Tri-Harder 3		
Olympic Distance	2	7	08:20	R230	Open Relay	Toothless Dragons		
Olympic Distance	2	7	08:20	R231	Open Relay	LAMMA TRI TRIO		